



Name: Sazla Hoang

Institution: Texas Woman's University – Houston

TOTA Involvement if any:

Student General Member and Gulf Coast East Student Representative

Where are you currently in your academic process (fieldwork, capstone)?

I am currently in the Spring Fieldwork IIA rotation at a community-based mental health setting in San Francisco. So far, this rotation has been a great experience and I am learning more every day about how occupational therapy can influence clients' health and well-being, especially in a community setting/group sessions. In the Summer, I will be preparing for my Capstone, and in the Fall, I will be doing my Fieldwork IIB rotation. My last semester will be my Capstone Project, so be on the lookout when that comes!

Anticipated Graduation Date: May 2025

Interests/Professional Goals:

My interests in Occupational Therapy are geared towards Mental Health, Women's Health, Adaptive Equipment, and Trauma-Informed Care. I enjoy how adaptable OT can be, and I am willing to explore more options on how I can support clients and how to get their needs met. For my professional goals, I hope to be an inclusive and benevolent OT who can be a better provider and the best advocate for clients and their rights. Staying informed and keeping up with

evidence-based practices as well as government/insurance policies is an ongoing process and I hope to be in a continual state of learning and growth. My goal is to contribute to creating a brighter future, and I would aim to encourage policies and initiatives that promote stability; such as accessibility regulations/standards and more sustainable options for all.