

2023 TOTA ANNUAL CONFERENCE  
NOVEMBER 3-4 HYATT REGENCY HOUSTON

REGISTRATION  
IS LIVE!  
Register TODAY >

# Changing Lives Through Occupation



## CONFERENCE GUIDE

# THANK YOU TO OUR SPONSORS AND EXHIBITORS!

A FEW BOOTHS ARE STILL AVAILABLE  
CLICK FOR MORE INFO & TO BOOK YOURS TODAY!

## PLATINUM



## SILVER



## TEXAS STAR



## ADDITIONAL EXHIBITORS

Baylor University  
Behavioral Transformations  
Circle of Care  
Clydon Vista College Life Coach  
Evidence In Motion  
H2 Health  
Houston Methodist

Kids Care  
LegiLiner, LLC  
MD Anderson Cancer Center  
Med Travelers  
Medline  
NBCOT  
Parkland

Pearson Assessments  
QRM Health  
Real OT Solutions  
Reliant Rehabilitation  
Texas Health and Human Services  
Early Childhood Intervention

Texas Tech University Health  
Sciences Center  
Texas Occupational Therapy  
Foundation (TOTF)  
Therapy Busy Box  
TIRR Memorial Hermann  
UT Tyler



# 2023 Conference Committee

TOTA extends a special THANK YOU to all our Conference Committee members who have helped make the 2023 TOTA Conference possible. With their help and dedication TOTA is able to offer

**42** live poster presentations  
**59** live educational sessions  
**176** speakers  
along with virtual poster sessions and a student-specific event.

*We are happy you are joining us at the 2023 TOTA Annual Conference!*

Judith Joseph	Executive Director / Overall Organizer
Evelyn Harness	Conference Chair
Diane Collins	Practitioner Volunteer Organizer
Dulce Paredes	Local Hospitality Co- chair
Eileen Garza	Whova App
Jean Polichino	Program Chair
Kami Lusson	Exhibit Hall (Vendor Services Coordinator)
Megan Taylor	Education Committee Chair/Program
Patricia Tully	Local Hospitality Co-Chair
Theresa Powers	Student Volunteers/Check In

**REGISTRATION IS NOW LIVE - REGISTER TODAY!**

**TOTA**  
**Changing Lives**  
**Through Occupation**  
2023 TOTA ANNUAL CONFERENCE **NOVEMBER 3-4** HYATT REGENCY HOUSTON



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**Important  
Deadlines**

- **Early Bird Registration Ends OCTOBER 15.**
- **Book your Hotel Reservation by OCTOBER 11.**
- **Regular Registration Ends OCTOBER 29.**
- **Handouts Due OCTOBER 19**
- **NO ON-SITE REGISTRATION.**

## Whova

Get ready for the 2023 TOTA Annual Conference and download the Conference App today.

< [CLICK HERE FOR THE USER GUIDE](#) >

Register for your sessions, view speaker bios, submit questions, retrieve handouts, network, play the passport game for a chance to win prizes & MORE!

**TOTA 2023 Annual Conference:** Conference Guide

# TOTA *Annual Conference*

## Why Should I Attend the TOTA Annual Conference?

- ✓ This is the largest gathering of occupational therapy practitioners and students in Texas!
- ✓ Great opportunity to network and see your friends and colleagues
- ✓ Expand your knowledge, learn and improve
- ✓ Stay up-to-date on new trends and techniques
- ✓ We actually have fun!
- ✓ Interact with vendors
- ✓ Find your next job
- ✓ Of course you need a new OT "T" shirt!

Texas Occupational Therapy Association (TOTA) is the state's professional association of Occupational Therapists, Occupational Therapy Assistants, students of Occupational Therapy and retired Occupational Therapists. The primary mission of TOTA is to be responsive to the professional development, information needs, and educational requirements of its members; to advance and improve the practice of occupational therapy for the benefit of the consumers; and to anticipate and respond to the organizational, political, economic and social features of the health care delivery system at the local, state and national levels.

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## Officers

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- Career Growth

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# What's New?

- + **Lower registration fees for practitioners**
- + **We now have a group registration:**  
<https://tota.memberclicks.net/2023-conference-registration>
- + **60 minute educational sessions**
- + **Keynote speaker on Friday**
- + **Longer lunch gives more time to explore the exhibit hall and network**
- + **The business meeting is virtual on October 11 at 7:00 pm**

## + **TOTA In the Community**

This year TOTA is highlighting the Celebration Company. Their mission is to help adults with cognitive disabilities to acquire the vocational and life skills needed to reach their desired goals. This is perfectly aligned with this year's conference theme. Be sure to visit them in the exhibit hall on Friday. If you reside in the Houston area we encourage you to visit their store at 4131 S. Braeswood Houston, TX 77025

**Celebration Company:** Celebration Company provides life skills and meaningful employment to individuals with disabilities who, with joy and purpose, provide services and create products that celebrate the good of life.

TOTA will pledge to donate the unserved meals from the TOTA conference to Second Servings of Houston.

### **About Second Servings of Houston**

Second Servings is Houston's only prepared and perishable food rescue organization. Since 2015, the nonprofit has been filling stomachs, not landfills, with perfectly edible surplus food. Second Servings picks up unsold and unserved food from food businesses, such as distributors, retailers and manufacturers, and delivers it the same day, for free, to more than 90 local shelters, soup kitchens, low-income housing and many other charities. Second Servings of Houston has rescued over 5 million pounds of food, valued at more than \$50 million, from over 400 food donors and delivered it to charities in need. For more information or to make a donation, visit [www.secondservingshouston.org](http://www.secondservingshouston.org).



# Changing Lives Through Occupation

2023 TOTA ANNUAL CONFERENCE

**NOVEMBER 3-4**

HYATT REGENCY HOUSTON



## TOTA 2023 Annual Conference In-Person Schedule

### Thursday, November 2, 2023

6:00 p.m. – 8:00 p.m. Check-In booth open

### Friday, November 3, 2023

7:00 am -6:00 pm	Check-In
8:00 am – 12:15 pm	Educational Sessions
11:00 am -4:00 pm	Exhibit Hall Open
12:15 pm – 1:45 pm	Lunch in the Exhibit Hall
2:00 p.m. – 4:15 pm	Educational Sessions
3:15 pm – 4:15 pm	Poster Sessions in Exhibit Hall
4:30 pm - 5:30 pm	Keynote Address
5:45 pm – 6:30 pm	Awards & Recognition

### Saturday, November 4, 2023

7:00 a.m. -11:00 am	Check-In
8:00 a.m. – 9:00 am	Student Networking Event – “Chat and Chew”
8:00 a.m. – 9:00 am	Educational Sessions and Practice Forums
9:00 a.m. – 9:15 am	Break
9:15 a.m. - 12:30 pm	Educational Sessions
11:00 a.m. -4:00 pm	Exhibit Hall Open
11:30 pm – 2:00 pm	Lunch in the Exhibit Hall
2:00 pm – 3:00 pm	Poster Sessions in the Exhibit Hall
2:00 pm – 5:30 pm	Educational Sessions
6:00 pm	Conference Adjourns

On-Demand Posters and Educational Sessions are available from November 3, 2023 – December 31, 2023.

Note: For the complete program, conference, and session information, please download the conference App (Whova).



# TOTA Annual Conference Registration

## What's New?

**The 2023 TOTA Annual Conference will be in-person.**

This is **NOT** a virtual conference, however, **only those attending in person** will have access to additional on-demand content through December 31st.

What you will see in 2023 is a "cost-based" conference fee. Cost-based pricing means we will review the overall cost of producing or hosting the conference, which includes marketing, printing, food & beverage, technology needs, professional fees, exhibit hall set/up, and many other necessary expenses to host a conference. Essentially there will be a price for members and a higher price for non-members. Students and practitioners will pay the same price. Discounts will be available for volunteers, board members, committee members, and presenters, including our students. Early bird registration will remain in place.

**Registration opens September 8th.**

**Early Bird Registration: Lock in at the best available rate to save \$50 off registration fees. TOTA members save over \$100!**

Visit the TOTA website at: [www.tota.org](http://www.tota.org)

**REGISTER BY October 29, 2023 - NO ON SITE REGISTRATION.**

## REGISTERING FOR THE CONFERENCE:

1. Registration fees will increase by \$50 from Oct. 16 - October 29.
2. Registration invoices must be paid in full by Oct. 20.
3. There will be NO onsite registration.
4. Current Members in Renewal and Former Members - If your membership is currently in renewal or lapsed, renewal is required to receive member pricing.

**Boxed lunches will be available for an additional fee of \$5 (lunches are not eligible for a refund)**

## BOXED LUNCH INCLUDES:

- Sandwich
- Potato Chips (V)
- Cucumber Salad (VG)
- Chocolate Chip Cookie (n, V)
- Soft Drink or Bottled Water

**\*\*\*Cancellations must be received in writing to [membership@tota.org](mailto:membership@tota.org) by October 20, 2023. Cancellations received before the deadline are eligible to receive a full refund of the registration fee, less a 10% administrative fee. Cancellations received after the stated deadline will not be eligible for a refund. Refunds will not be available for registrants who are "no shows."**

## 2023 TOTA Annual Conference Registration Fees

**Register early & SAVE!!**

**Early Bird Pricing  
ENDS October 15!**

**Registration (+\$50)  
October 16 - October 29**

	Member	Non-Member	Member	Non-Member
Practitioner: Full Conference	\$250	\$359	\$300	\$409
Practitioner: Friday Only	\$140	\$249	\$190	\$299
Practitioner: Saturday Only	\$140	\$249	\$190	\$299
Volunteers, Session Presenters, and Board Members:				
Full Conference	\$200	\$359	\$250	\$409
Friday Only	\$140*	\$249	\$190*	\$299
Saturday Only	\$140*	\$249	\$190*	\$299

\*Volunteer, Session Presenter, and Board Member discount only applies to full conference.

**NOTE: Session presenters discount is applicable for TOTA Members only. Volunteers include all TOTA committee members, student reps, TOTA PAC board, and conference volunteers.**

# Conference Info

## HOTEL INFORMATION

[CLICK HERE TO BOOK](#)

**Reservations must be made by Wednesday, October 11, 2023, to secure this block rate.**

**Rate of \$179 per night for single or double occupancy**

Group Room Rates	
Single, Double \$179	
Triple +\$25	
Quad + \$50	
<b>2 – Double Beds</b>	<b>\$179</b>
<b>King</b>	<b>\$179</b>
<b>ADA Rooms</b>	<b>\$179</b>

### Hyatt Regency Houston

1200 Louisiana Street, Houston, Texas, 77002

**Group Name:** TOTA 2023 Annual Conference – G-TOTC

**Booking Dates:** Wed, Nov 1, 2023 - Sun, Nov 5, 2023

### PARKING:

Hyatt Regency Houston offers onsite parking for guests. Valet parking:

0-3 hours **\$25 + tax**

3-10 hours **\$30 + tax**

Overnight Discount **\$30 + Tax**

Note – There is a parking lot available across the street from the hotel and you can try other options through the link below:

<https://www.spotangels.com/houston/hyatt-regency-houston-parking>

### OTHER TRANSPORTATION

#### METRORail Red Line

The closest stop to the hotel is Main Street Square, just three blocks away. Its downtown Houston destinations include the Museum District, Hermann Park, Houston Zoo, Texas Medical Center, and NRG Park.

#### Driving from Airports

From William P. Hobby International Airport (10 miles): Take I-45 N and exit Scott Street onto St. Joseph Parkway. Turn right on Louisiana Street. Proceed to Polk. Turn left at Polk. Enter our motor lobby located on the right at the corner of Louisiana and Polk.

From George Bush Intercontinental Airport (22 miles): Continue on Hardy Toll Rd. Take I-45 S to N Milam St. Take exit 48A from I-45 S. Follow N Milam St to Louisiana St, where you'll see our grand entrance.

#### Vonlane

If you don't want to drive or fly, consider riding the Volane from Dallas, San Antonio, and Fort Worth locations.

<https://vonlane.com/>

## DRESS

Business Casual is recommended for all sessions and receptions. Please bring a sweater or jacket as the temperature in meeting rooms may be cool.

## CONTINUING EDUCATION CONTACT HOURS

The TOTA education sessions, and poster presentations, are approved for TBOTE contact hours. There are up to 51 educational sessions and 42 poster sessions available to those attending the 2-day conference in person. Additional CE hours are available on demand. Credit hours will only be awarded to those on-demand educational and poster sessions viewed in their entirety; TOTA does not offer partial credit. Complete info about claiming credits will be provided in the conference App.

## ACCOMMODATIONS

We want to provide the best learning experience for everyone. Should you require any accommodation to fully participate in this conference, please email [kami@tota.com](mailto:kami@tota.com)

## CONFIRMATIONS/REFUNDS

Registration confirmation and payment receipts are e-mailed to the attendee. All cancellations for courses, workshops, and conferences must be made in writing to the TOTA Executive Office prior to October 20, 2023; a 10% handling fee will be charged. Refunds will not be issued after October 20, 2023, or for "no-shows." Substitutions are accepted with a written notice provided that the replacement meets the same registration fee criteria. If an additional fee structure applies to the substitute registrant, all additional fees must be paid at the time the substitution is made. Partial refunds will not be granted. Payments for lunch are not refundable. TOTA reserves the right to cancel seminars due to unforeseen/unavoidable circumstances at any time. TOTA is not responsible for nonrefundable airline and hotel reservations that a participant incurred due to cancellation. All complaints relative to the content, instructor, facilities, and registration procedures are to be directed to the TOTA executive office: 2323 Clear Lake City Blvd. Suite 180-197. Houston. Texas. 77062

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# Special Events

## WEDNESDAY, OCTOBER 11, 2023

**WEDNESDAY – 7:00 PM CST**

### **TOTA Annual Business Meeting**

**The TOTA 2023 Annual Business Meeting will be held virtually and is open and free to Members and Non-Members**

The registration/Enroll link will take you to the TOTA Learning Management System (LMS). If you have never logged into the LMS you will need to create a username and password. The zoom link, agenda, and board reports will be contained in the LMS. Documents will be uploaded by September 19th.

<https://texas-occupational-therapy-association.teachable.com/p/https-texas-occupational-therapy-association-teachable-com-p-tota-2023-annual-business-meeting>

**CLICK HERE TO REGISTER**

## FRIDAY, NOVEMBER 3, 2023

**FRIDAY – 11:00 AM – 4:00 PM**

### **Exhibit Hall Open**

**FRIDAY – 12:00 PM – 1:00 PM**

### **Lunch in the Exhibit Hall**

**FRIDAY – 4:30 PM – 5:30 PM**

### **Keynote Address**

**Angel Ponce** is the Director of the City of Houston Mayor's Office for People with Disabilities (MOPD). Ponce is a bilingual advocacy and government professional with 12 years of experience in city government.

In 2004, Ponce suffered a spinal cord injury resulting from an automobile wreck.

He is now a wheelchair user.

"As a staunch advocate for the disability community, Angel understands the importance of equal participation and full inclusion of all citizens, including citizens with disabilities," said City of Houston Mayor Sylvester Turner.

Ponce leads the Mayor's Office for People with Disabilities to ensure equal participation and full inclusion of all citizens, serves as an advocate for the rights and needs of residents with disabilities, he is the liaison between the City of Houston Mayor, city council, city departments, and other public and private entities on matters pertaining people with disabilities.



He holds a three-minor-major bachelor's degree from the University of Houston in Interpersonal Communications, Management and Leadership, and Psychology.

**FRIDAY – 5:45 PM – 6:30 PM**

### **Awards and Recognition Ceremony**

## SATURDAY, NOVEMBER 4

**SATURDAY – 8:00 AM – 9:00 AM**

### **Student Event: Chat and Chew**

**SATURDAY – 11:00 AM -4:00 PM**

### **Exhibit Hall Open**

**SATURDAY – 12:30 PM - 2:00 PM**

### **Lunch in the Exhibit hall**

**SATURDAY – 2:00 PM - 4:00 PM**

### **Session 120 – OTA Forum**

### **Creating Your Treatment Playbook**

**SATURDAY – 6:00 PM**

**Conference Ends - SEE YOU NEXT YEAR IN FRISCO!**

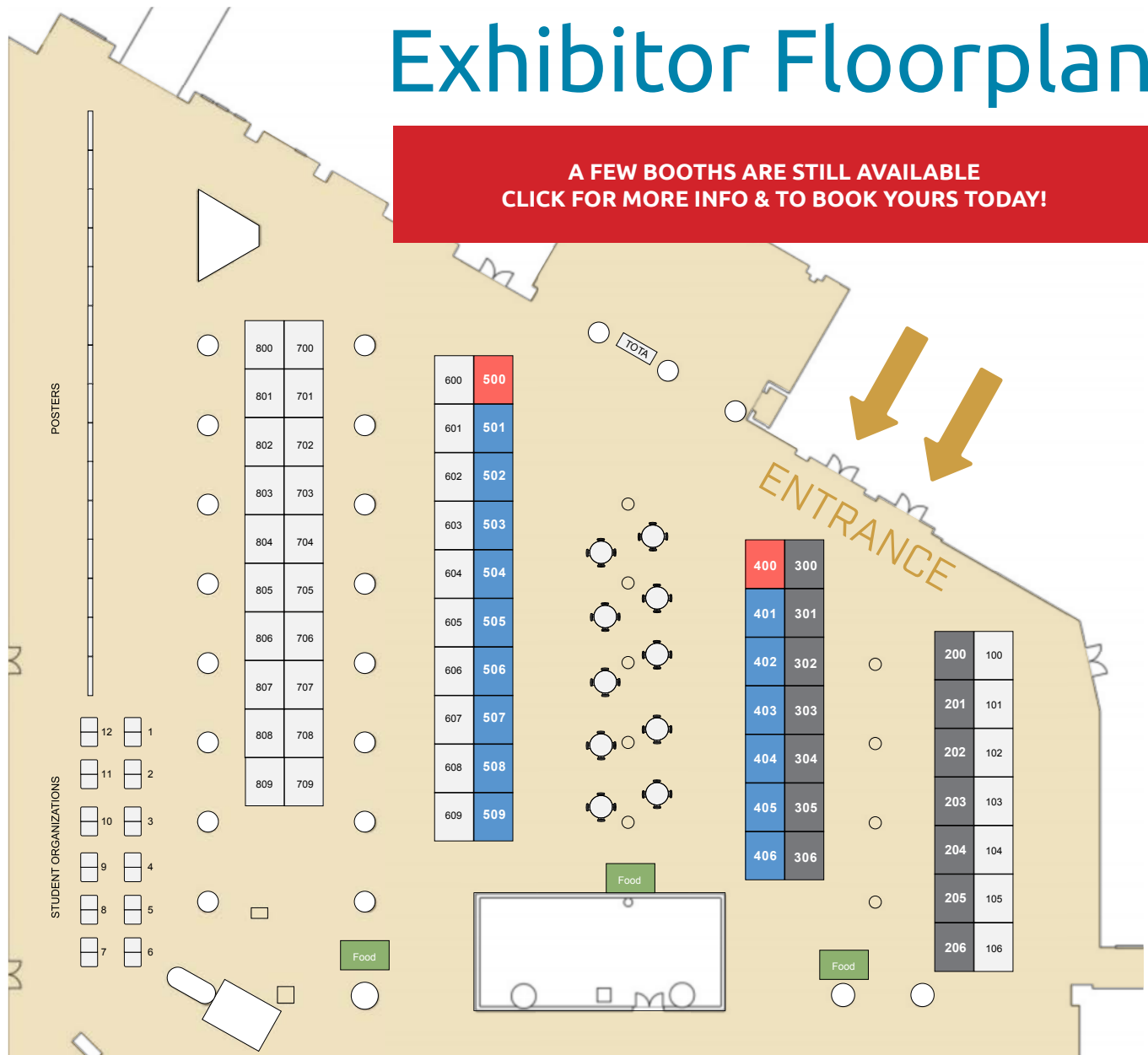
**Save the Date: TOTA Annual Conference**

**November 15-26, 2024**



# Exhibitor Floorplan

**A FEW BOOTHS ARE STILL AVAILABLE  
CLICK FOR MORE INFO & TO BOOK YOURS TODAY!**



## **PLATINUM SPONSORS** **RiverKids Pediatric Home Health Therapy 2000**

### **SILVER SPONSORS**

**Active Development Therapies**  
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**Encompass Health**  
**SageCare Therapy Services**  
**Sanctum Health Partners**  
**University of St. Augustine**

### **TEXAS STAR SPONSORS**

**Angels of Care**  
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**Center for Neuro Skills**  
**Cole Health**  
**Hanger Clinic**  
**MGA Homecare**  
**Texas Woman's University**  
**United Access**

### **ADDITIONAL EXHIBITORS**

Baylor University  
Behavioral Transformations  
Circle of Care  
Clydon Vista College Life Coach  
Evidence In Motion  
H2 Health

Texas Health and Human Services  
Early Childhood Intervention  
Houston Methodist  
Kids Care  
LegiLiner, LLC  
MD Anderson Cancer Center  
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QRM Health  
Real OT Solutions  
Reliant Rehabilitation

Texas Occupational  
Therapy Foundation  
Texas Tech University Health  
Sciences Center  
Therapy Busy Box  
TIRR Memorial Hermann  
UT Tyler

# STUDENT ZONE

## STUDENT NETWORKING EVENT

### *Chat and Chew*

**Saturday, November 4  
8:00-9:00 AM**

*Coffee and bagels will be served*

# JOIN

## Scholarship Information - Reminder

**TOTA Endowed Scholarship**  
The 2023-2024 cycle opens on August 28, 2023!

The American Occupational Therapy Foundation (AOTF) manages our annual OT scholarship.

<https://www.aotf.org/Scholarships/How-to-Apply>.  
View all available scholarships and apply.

## Student-Focused Sessions

- 106 ECPTOTE Enforcement - Texas Board of Occupational Therapy Examiners The Investigation Process: The "dos" and the "Don'ts" During Practice.
- 113 Advocacy for Occupational Therapy Students: Why Delay? How to Start Today
- 114 Exploring Professional Behavior - Fieldwork and Beyond
- 122 NBCOT National Certification Exam: Information You Need to Know
- 127 Navigating Student Fieldwork Success: Tools and Strategies
- 211 Landing Your First Job and More
- 216 Student Employee Interview Simulation Workshop

# US!



# Educational Sessions

Register for classes early through the Whova app to secure your seat.

## FRIDAY, NOV. 4

**101**

**Friday 8:00 am - 12:15 pm**

### **Interoceptive Awareness, OT's Distinct Contribution to Pediatric and Adult Mental Health**

*Lauro A. Munoz, OTR, MOT, FAOTA*  
4 hours, Intermediate

Interoception is the sense of oneself. The ability to understand the body's physical signals helping the body maintain physical and emotional homeostasis. Interoceptive sensory issues occur affecting occupational performance. Occupational Therapy is distinct in contributions to assist these clients.

**102 Friday 8:00 - 9:00 am**

### **OT Fellowships- Advancing your Practice and Enhancing the Profession**

*Kathryn Nedley, OTD, OTR, ATP*  
*Kimberly Godfrey, OTR, MOT*  
*Caroline Banick, OTR, MOT*  
*Carol Anderson, MA, OTR, CHT*  
1.0 hours, Entry Level

The purpose of this presentation is to introduce the purpose and content of occupational therapy fellowships to students and practitioners seeking opportunities to develop high level competency in specialty practice areas and receive mentorship in pursuit of furthering OT practice.

**103 Friday 8:00 - 9:00 am**

### **MARSI (Medical Adhesive-Related Skin Injuries) PREVENTION IN THE NICU**

*Jane Cranston, OTR, MOT, BCP, CNT, NTMTC*  
1.0 hours, Advanced

The incidence of medically induced skin injury is a growing concern in the NICU. Skin integrity is an important aspect of the Occupational Therapy practice. This will be a multi-media presentation using a poster and powerpoint for clear understanding about the complexity of NICU setting

**104 Friday 8:00 - 11:00 am (Research Forum)**

### **Executive Function and Daily Living Skills in Young Women with Stroke**

*Michelle S. Scheffler, OTR, MOT*  
20 minute presentation, Intermediate

This preliminary survey study explored the potential impact of cognitive dysfunction on daily living skills in young women post stroke (n=8). Results suggested that executive function was most impacted in the sample of participants aged 24-54.

**104 Friday 8:00 am - 11:00 am (Research Forum)**

### **Project LEAF: Total Wellness Program for People Living with Chronic HIV**

*Amber B. Armstead, DrPH, OTR, BCPR*  
*Jennifer Ng*

20 minute presentation, Intermediate

A qualitative study/program examined the application of an 8-week wellness program for PLWH. The aim of this study/program was to elicit and maintain positive behavior changes in personal health for PLWH. Participants reported positive behavior changes.

**104 Friday 8:00 - 11:00 am (Research Forum)**

### **Promoting Occupational Participation in Post-concussion or Mild TBI Patients**

*Joahnes Gatdula, OTD, OTR/L, CPAM, ITOT, CNS*

20 minute presentation  
Entry Level

This scoping review will analyze prevalence and occupational disruption symptoms for post-concussion or mild traumatic brain injury patients in promoting occupational participation using occupational therapy evidence-based practice assessment & interventions.

**104 Friday 8:00 - 11:00 am (Research Forum)**

### **Impact of Sleeping Needs and Patterns of Firefighters on their Homelife**

*Neidy A. Garza Jimenez*  
*Shirley A. Wells, OTR, DrPH, FAOTA*  
20 minute presentation, Entry Level

Firefighters experience a lack of sleep, which impacts family roles, routines, and leisure activities. This presentation will give information on the sleeping patterns of firefighters and the impact it can have on aspects of homelife.

**104 Friday 8:00 - 11:00 am (Research Forum)**

### **Executive Functions and Independence in Young Adults with Autism (ASD)**

*Anne Sullivan MOT OTR*

20 minute presentation, Intermediate

Young adults with ASD have poor outcomes in adulthood, related to executive functioning deficits. The Weekly Calendar Planning Activity (WCPA) has been shown to differentiate young adults with ASD and neurotypical peers and shows promise in informing occupational therapy assessment and intervention.

**104 Friday 8:00 - 11:00 am (Research Forum)**

### **Impact of a SIM-IPE Experience on Student Comfort in Preparation for Acute Care**

*Robert E. Larson, OTR, PhD*

*Megan Taylor, OTR, OTD*

20 minute presentation, Academic Professional

Students and new clinicians often feel unprepared to work in acute care. Simulation provides a safe, realistic environment to practice performance skills to enhance readiness. This project utilized simulation with pre-post measures to gauge effectiveness of an acute care IPE-SIM on readiness.

**104 Friday 8:00 - 11:00 am (Research Forum)**

### **Incorporating Empathy In OT Practice: Experiences and Training of Occupational Therapists**

*Abril Sevilla-Lopez*

*Shirley A. Wells, OTR, DrPH, FAOTA*  
20 minute presentation, Entry Level

Empathy is fundamental to healthcare quality and essential to developing a client-therapist relationship. This research forum will present the views of occupational therapists in Texas related to the use of empathy in clinical practice and the necessary skill for positive outcomes.

REGISTRATION IS LIVE  
REGISTER BEFORE  
OCTOBER 15  
AND SAVE!!!!



# Educational Sessions

Register for classes early through the Whova app to secure your seat.

## **104 Friday 8:00 - 11:00 am** **(Research Forum)**

### **Transitioning into Academia: Understanding the Situation and the Struggles**

**Lillie Thomas EdD, OTR**

*20 minute presentation, Academic Professional*

Occupational therapy practitioners transitioning from clinical practice into academia face similar situations and struggles that might impact their ability to transition smoothly. Support and training allow new faculty members to transition into academia and better prepare them for their new job.

## **105 Friday 8:00 - 9:00 am**

### **Treatment of Carpal Tunnel, Cubital Tunnel and Trigger Finger**

**Laurie M. Reddy, MOT, OTR, CHT**

**Rajeshree Jaiswal, OTR, MSOT, CHT**

*1.0 hours, Entry Level*

Trigger finger, carpal tunnel syndrome, and cubital tunnel syndrome are common conditions affecting the hand and wrist. Early diagnosis and treatment can help prevent complications and improve outcomes for patients.

## **106 Friday 8:00 - 10:00 am**

### **ECPTOTE Enforcement**

**Amy L Carter, ECPTOTE Director  
of Enforcement**

*2.0 hours, Student Focused*

Texas Board of Occupational Therapy Examiners The Investigation Process: The "dos" and the "don'ts" during practice.

## **107 Friday 8:00 - 10:00 am**

### **Occupational Therapy Bringing Another Perspective to Hoarding Intervention**

**Armintia Alcorn, OTD, OTR, LPC**

**Donna M. McCollum, LMSW-IPR-S**

**Donna McCollum, LMSW-IPR-S**

*2.0 hours, Intermediate*

In this presentation, Occupational Therapy (OT) will describe the results of an interdisciplinary group intervention for hoarding incorporating elements of cognitive-behavior therapy, motivational interviewing, and social stories to activate behavioral changes.

## **108 Friday 8:00 - 10:00 am**

### **I Hate to Write! Help for Developmental Dysgraphia**

**Amy Collins, OTR, MOT**

*2.0 hours, Intermediate*

This interactive course is intended to share current, research-based information on developmental dysgraphia including the definition, identification, and interventions. The role of the OT practitioner in identifying and addressing dysgraphia will be discussed.

## **109 Friday 9:15 - 10:15 am**

### **This Is NOT What I Signed Up For: 5 Ways To Find The Passion In Your Career Again**

**Barbara Palmer, OT**

*1.0 hours, Entry Level*

Burnout is a huge problem in the occupational therapy (OT) community. Many people start out loving what they do as an OT practitioner and soon dread Mondays because of the structure of their work.

## **110 Friday 9:15 - 10:15 am**

### **Occupational Therapy's Role with Chronic Illness**

**Haley Glover, OTR, MOT**

*1.0 hours, Entry Level*

OT brings forth a unique perspective of holistic practice for those with chronic conditions. Typically, chronic illness is only thought of as conditions like diabetes, however, this course shifts the discussion to conditions like POTS to describe OT's perspective in evaluation and intervention.

## **111 Friday 10:30 am - 12:15 pm**

### **Developmental Phases of Motherhood Through an Occupational Lens**

**Gayle Schwee, OTR, MOT, PMH-C**

**Jessica Peterson, OTR, OTD, PMH-C**

*1.75 hours, Entry Level*

The majority of women experience motherhood. The mother's role and her occupations are influenced by her care and development of her children. An understanding of these interactions will maximize outcomes and improve client-centered care.

## **112 Friday 10:30 am - 12:15 pm**

### **Changing Lives Through Peers – The Occupation of Social Participation As Means and End**

**Savitha Sundar MS OTR**

*1.75 hours, Intermediate*

For students with extensive support needs, nurturing friendships and promoting community participation takes intentional effort. School-based OTPs can promote authentic inclusion through meaningfully constructed social activities with peers. Peer-mediated Interventions can change student lives.

## **113 Friday 10:30 am - 12:15 pm**

### **Advocacy for Occupational Therapy Students: Why Delay? How to Start Today**

**John S. Luna, OTR, OTD**

**Roel Garcia, OTR, OTD, ATP**

**Thelma Ochoa OTR, OTD**

*1.75 hours, Student Focused*

This interactive presentation provides resources and strategies for OT students' daily to strengthen current advocacy efforts at the person, group, and population levels. Although not required, participants' experience may be enhanced by bringing a laptop or tablet to the course

## **114 Friday 10:30 am - 12:15 pm**

### **Exploring Professional Behavior - Fieldwork and Beyond**

**Sally Harris King, COTA**

*1.75 hours, Student Focused*

In this workshop, attendees will become familiar with clinical educator's perspectives on professional behaviors during fieldwork. Course includes an interactive and reflective exercise to assess the attitudes and strengths you bring to your clinical rotations and your first job as a new graduate.

## **115 Friday 10:30 am - 12:15 pm**

### **Occupational Therapist's Role in Head and Neck Cancer and Lymphedema**

**Melinda Underwood, OTD, OTR, CLT-LANA**

**Haley Bohannon**

**Rylie Knight**

*1.75 hours, Entry Level*

The presenters will educate participants on the occupational therapy practitioners' role in the evaluation and treatment of head/neck cancer and associated lymphedema.

**SCHOLARSHIP APPLICATIONS MUST  
BE SUBMITTED BY OCTOBER 2, 2023.**

# Educational Sessions

Register for classes early through the Whova app to secure your seat.

## **116 Friday 10:30 am - 12:15 pm**

### **Driving Across the Life Span: Maximizing Mobility to Fulfill Occupation**

*Laura Novak, OTD, OTR, BCG  
Megan Frazier, OTR, DRS*

1.75 hours, Entry Level

This course introduces driving as an IADL by identifying physical and cognitive components needed for driving, recommending assessments and need for further referral, and developing treatment approaches. The course examines driving throughout the lifespan as an integral occupation.

## **117 Friday 2:00 - 4:00 pm**

### **TOTA State Advocacy Efforts and Updates**

*John S. Luna, OTR, OTD  
Aichen Chih, OTR, MA, CLVT  
Amy Gibbs, OTR, PhD*

*Denise Rose & Kate Goodrich*  
2.0 hours, Entry Level

Want to get involved in the future of your profession today? TOTA's legislative team will provide information and resources to integrate into occupational therapy practitioners' daily routines to facilitate their participation in the advocacy efforts in the State of Texas and beyond.

## **118 Friday 2:00 - 4:00 pm**

### **Occupations without Limitations**

*Celina Casas, OTR, OTD  
Victoria Rodriguez  
Lynnette Lozano*

2.0 hours, Entry Level

This course will focus on the importance of independence in occupational engagement and how to develop future occupation-based programs in your community. It will highlight group plans, adaptive strategies, and techniques to implement with young adults with intellectual disabilities.

## **119 Friday 2:00 - 3:00 pm**

### **Mental Health Occupational Therapy for Neurodiverse Adults: A Case Study & Perspective**

*Sharon Eva, OT*

1.0 hours, Intermediate

This course will present a case study of neurodiverse adults who have been receiving mental health occupational therapy services. These adults' lives have been impacted by strengths-based practice. Exploration of their change and implications for occupational therapy practitioners will be described.

## **120 Friday 2:00 - 4:00 pm**

### **Creating your Treatment Playbook**

*Layman Darnell Miller, COTA, MBA, MEd  
Vicki Thomas, COTA*

*Rachel Perez, COTA  
Yvette Jimenez, COTA*  
2.0 hours, Entry Level

By attending this workshop, participants will learn the process of selecting treatment interventions by focusing on the patient problems presented (not the diagnosis). Case studies highlighting four common treatment areas will be reviewed.

## **121 Friday 2:00 - 3:00 pm**

### **WHEW: An Efficient and Effective Note-Writing Technique**

*Molly Setliff, OTR, OTD, Assistant  
Professor*

1.0 hours, Entry Level

Need an efficient and effective documentation strategy? This course will introduce the WHEW documentation technique that provides step-by-step instructions for a quick and concise way to document daily narrative notes assigned to specific CPTA® codes.

## **122 Friday 2:00 - 3:00 pm**

### **NBCOT National Certification Exam: Information You Need to Know**

*Karthik Mani, OTD, OTR, FACOT*

1.0 hours, Student Focused

Connect with NBCOT and hear about the best approaches to achieve your goal for Occupational Therapy Certification.

## **123 Friday 2:00 - 4:00 pm**

### **Taking the DYS Out of Dysgraphia: Changing Lives Through Accommodation**

*Eileen R. Garza, OTR, ATP/SMS,  
PhD, FAOTA*

*Kathryn Bonds, MEd*

2.0 hours, Intermediate

Dysgraphia is a condition impacting an estimated 10-30% of children. It is characterized by poor pencil grip, inconsistent letter formation, illegible writing, slow writing fluency and, at times, inaccurate spelling. Learn how to evaluate, select and utilize AT tools to facilitate student success.

## **124 Friday 2:00 - 3:00 pm**

### **Getting Finger Amputees Back to Work**

*Jerry De La Fuente RT R*

1.0 hours, Entry Level

Despite that 94% of all upper-limb amputations occur at the digit and metacarpal levels, little technological prosthetic development occurred, leaving only aesthetic passive restoration options. Thanks to new advancements in manufacturing, an incredible amount of functionality can now be provided.

## **125 Friday 3:15 - 4:15 pm**

### **Poster Sessions**

See pages 22-25

## **126 Friday 3:15 - 4:15 pm**

### **Health and Wellness Through the Lens of Occupational Therapy**

*Carol E. Regli, OTR, OTD*

1.0 hours, Entry Level

Health and Wellness is a natural fit for occupational therapy due to our whole-person approach to treatment. Learn the benefits of integrating the 8 Dimensions of Health and Wellness into your practice and catch the vision for the possibilities beyond.

## **127 Friday 3:15 - 4:15 pm**

### **Navigating Student Fieldwork Success: Tools and Strategies**

*Sue Ram, OTD, OTR*

1.0 hours, Student Focused

This presentation aims to provide practical strategies, tips, and guidance for navigating the fieldwork experience for OT and OTA students. Students will learn about questions to ask their fieldwork educators, tips for navigating challenges, and strategies for making the most of the experience.

## **128 Friday 3:15 - 4:15 pm**

### **Taking Heart: Changing Perspectives During Difficult Times**

*Suzanne M. Peloquin OTR, PhD, FAOTA*

1.0 hours, Intermediate

Explore actions that encourage practitioners during tough times. When work feels exhausting. When compassion wanes. When occupational therapy is disrespected. Engagement in personal health maintenance alongside reflection about the deeper meaning of our ethics and ethos can be perspective changing.

SHARE YOUR  
CONFERENCE PHOTOS:  
#TOTA2023

# Educational Sessions

Register for classes early to secure your seat.

## SATURDAY, NOV. 5

**201 Saturday 8:00 am - 5:30 pm**

**Occupational Therapy  
Entrepreneurs Symposium**  
*Michelle Atanu, OTR*

*Workshop: (7.5 hours), Intermediate*

The OT Entrepreneur's Symposium will provide OT practitioners with the educational tools and insight on starting a private practice or therapy services company. This will include managing a therapy business and scaling up.

**202 Saturday 8:00 - 9:00 am  
(Practice Forum)**

**Capstone Coordinators:  
Impacting Communities  
Through the Doctoral Capstone**  
*Laurie Stelter, OTR, PhD*  
*Barbara Doucet, OTR, PhD*

*1.0 hours, Academic Professional*

This academic practice forum will provide a dynamic venue for doctoral capstone coordinators to establish a collaborative strategy for maximizing the impact of the occupational therapy doctoral capstone within communities and the profession.

**203 Saturday 8:00 - 9:00 am  
(Practice Forum)**

**Occupational Therapy in  
Maternal Health**  
*Jessica Peterson, OTR, OTD, PMH-C*  
*Gayle Schweet, OTR, MOT, PMH-C*

*1.0 hours, Entry Level*  
OTs play a crucial role in maternal health including changes in health, roles, routines & occupations. OT interventions can improve maternal outcomes and advocacy of unique needs. A practice forum can provide awareness, knowledge sharing and collaboration for improved outcomes.

**204 Saturday 8:00 - 9:00 am  
(Practice Forum)**

**Sensory Needs in the Schools:  
A Discussion of the OTP's Role**  
*Cindi Tiongco, PhD, OTR*  
*Ashley Grissom, OTD, OTR\**

*1.0 hours, Entry Level*  
OTPs and teachers alike recognize the need for supporting sensory integration in school-aged children, however, there are multiple demands on the time and resources of both professions. Come discuss this issue and collaborate on how OTPs might address this need.

**205 Saturday 8:00 - 10:00 am**  
**Cultivating Kindness: Civility,  
Appreciative Inquiry, and  
Collaborative Communication**

*Amy Boyd, OTD, OTR*  
*Erik Johnson, OTR*

*2.0 hours, Intermediate*

Uncivil behaviors can have detrimental effects on both client and clinician well-being. In this course, participants will define professional civility, understand the impact of incivility, and identify evidence-based strategies to prevent and address incivility to create a culture of wellness.

**206 Saturday 8:00 - 10:00 am**  
**OTs Considerations for  
Transportation and Travel for  
People with Limited Mobility**

*Megan Hutson, OTD, OTR*  
*Brittany Gosserand, MOT, OTR*

*2.0 hours, Entry Level*

Using three case studies, this presentation will assist occupational therapists (OTs) in identifying and addressing travel-related barriers for people with limited mobility. OTs can foster independence and confidence for people with limited mobility in accessing travel-related activities.

**207 Saturday 8:00 - 10:00 am**  
**The Power of Accessibility  
in Education: Focusing on the  
Ability and Inclusion**

*Celina Casas, OTR, OTD*  
*2.0 hours, Academic Professional*

Education is an occupation that many individuals partake in. One often encounters students who require unique accommodations to meet their educational needs in academia. This course will provide you with various tidbits to help aid in your student's academic success.

Laptops/smartphones required.

**208 Saturday 8:00 - 10:00 am**  
**Development of a Dysgraphia  
Intervention Program**

*Susan Edwards, OTR, OTD*  
*Cynthia Tiongco, OTR, PhD*

*2.0 hours, Intermediate*

School-based dysgraphia interventions have traditionally lacked structure as there is no gold-standard approach. This course describes a practical, evidence-based intervention program created to address dysgraphia in school-based settings and strategies for participants to create their own programs.

**209 Saturday 9:15 - 10:15 am**  
**Promoting Functional Gains  
for the Stroke Patient**

*Dawn Phillips, COTA*  
*1.0 hours, Intermediate*

The incorporation of evidence-based neuro-reeducation strategies during ADL retraining will be discussed and demonstrated. Easy to construct therapeutic tools to enrich activities for the purpose of promoting neuroplastic changes for the stroke patient will be introduced with live demonstrations.

**210 Saturday 9:15 - 10:15 am**  
**Win Over Teachers and Kids  
with Proven, Easy, and Fun  
Strategies to Improve Handwriting**

*Beverly H Moskowitz,*  
*DOT MS OTR/L FAOTA*

*1.0 hours, Entry Level*

Teachers are busy with curricular demands. Kids are frustrated by expectations for neat printing without instruction. How can everyone be happy? Embed Size Matters Handwriting Program concepts & strategies across all content areas all day every day!

**211 Saturday 9:15 - 10:15 am**  
**Landing Your First Job and More**

*Judith Joseph, OTR, MA, CDRS*  
*Emilie Klingman, OTR, MOT*

*1.0 hours, Student Focused*

This is a facilitated panel discussion for students and new graduates with influential occupational professionals (a vice president, CEO, directors, managers, business owners, and HR representatives). This will be an open dialogue that will allow questions from the participants.

**212 Saturday 10:30 - 12:30 pm**  
**The Social Occupation of Adaptive  
Gaming – Overcoming Impairment**

*Roberta Olivares, OT, MS, ATP*  
*2.0 hours, Entry Level*

Video gaming has evolved and many people identify as Gamers. But what happens when a Gamer encounters a debilitating illness or injury? Occupational therapists can use their knowledge of activity analysis to determine ways to continue gaming through the use of assistive technology and modifications.



# Educational Sessions

Register for classes early to secure your seat.

**213 Saturday 10:30 am - 12:30 pm**  
**Activities of Daily Living in People with Vestibular Impairments: Problems and Assessments**  
*Helen S Cohen, EdD, OTR, FAOTA*  
2.0 hours, Intermediate

Disorders of the vestibular system cause perceptual and motor problems which affect occupational performance. This evidence-based session, for clinicians who are not familiar with vestibular rehabilitation, will discuss the problems, assessments, and use of that information for treatment planning.

**214 Saturday 10:30 - 12:30 pm**  
**Exploring Acts of Kindness on Student Performance: An Exploratory Study**  
*Loree Pryor, OTR, OTD*  
*Karen Ratcliff, OTR, PhD, BCP*  
*Amber B. Armstead, OTR, DrPH, BCPR*  
2.0 hours, Academic Professional

This course will describe the impact of random acts of kindness on the academic performance connectivity of occupational therapy students in an entry-level doctoral program. The students reported increased connection and academic performance after the implementation of a kindness assignment.

**215 Saturday 10:30 - 12:30 pm**  
**Promoting Sustainability in Occupational Therapy Practice**  
*Camille Ko, OTD, OTR, CBIS*  
*Jennifer Martin, OTD, OTR, CHT, CLT*  
2.0 hours, Entry Level

Climate change is negatively impacting the health and well-being of individuals, groups, and populations. This course will discuss how occupational therapy practitioners can promote and incorporate sustainable occupations in their practices to help mitigate climate change and improve overall health.

**216 Saturday 10:30 am - 12:30 pm**  
**Student Employee Interview Simulation Workshop**  
*Ricky Joseph, OTR, PhD, MA-HRM*  
*Monica Clark, OTR, OTD*  
*Lynda Jennings, OTR, RAC-CT, CDP*  
2.0 hours, Student Focused

This Student Employer Interview Simulation Lab is designed to help bridge the gap between graduation and employment by allowing the student to experience the challenges presented by the employment acquisition process.

**217 Saturday 10:30 am - 12:30 pm**  
**Revive & Retain: Active Learning Ideas for Students**  
*Molly Setliff, OTR, OTD*  
*Sandra Whisner, OTR, PhD*  
2.0 hours, Academic Professional

This course will provide active learning examples for professors. Student engagement is essential for retaining knowledge; therefore, exceptional learning activities should elicit attention, create intrigue, be relevant, and bolster the notion that the content is learnable.

**218 Saturday 10:30 am - 12:30 pm**  
**Fieldwork Educators Perceived Competency, Needs, and Concerns: A Survey**  
*Karthik Mani, OTD, OTR, FACOT*  
2.0 hours, Intermediate

Do fieldwork educators (FWE) perceive that they are competent to provide clinical education to OTD students? What are their needs and concerns? How can universities help? This presentation will offer answers to these questions by presenting the findings of the survey conducted among 350 FWE.

**219 Saturday 2:00 - 3:00 pm**  
**Poster Sessions**  
*See pages 22-25*

**220 Saturday 2:00 - 4:00 pm**  
**Emotional Intelligence: Occupational Therapy's Superpower**  
*Angela Duell, OTD, OTR*  
*Gloria Jeffery, OTR*  
2.0 hours, Entry Level

Emotional Intelligence (EI) skills are essential to developing and maintaining therapeutic relationships. This course is an introduction to emotional intelligence concepts. Topics included are components of emotional intelligence, models of emotional intelligence, strategies for improved emotional intelligence, and the value of emotional intelligence in occupational therapy practice.

**221 Saturday 2:00 - 5:00 pm**  
**The Occupational Therapy Supervision Experience**  
*Layman Darnell Miller, COTA, MBA, MEd*  
3.0 hours, Entry Level

By attending this workshop, participants will learn the process of selecting treatment interventions by focusing on the patient problems

presented (not the diagnosis). Case studies highlighting four common treatment areas will be reviewed.

**222 Saturday 2:00 - 4:00 pm**  
**Enhancing the Safety and Independence of Older Adult Drivers By Using CarFit**  
*Ravonne McCray, MS*  
*Camille Ko, OTD, OTR, CBIS*  
*Amy Boyd, OTD, OTR*  
2.0 hours, Entry Level

CarFit is a community-based program that educates older adults on how to assess their "fit" in their vehicles. This course will discuss how to incorporate CarFit strategies into occupational therapy practice to promote driver safety and will provide networking opportunities with CarFit coordinators.

**223 Saturday 2:00 - 4:00 pm**  
**Professional Development and Advancement in Occupational Therapy Practice**  
*April C Cowan, OTD, OTR, CHT*  
*Jyothi Gupta, PhD, OTR, FAOTA*  
2.0 hours, Intermediate

The presentation explores options for professional growth and career advancement for occupational therapy practitioners. Relevant governing documents, and development strategies will be reviewed. A framework for strategic professional development to facilitate career advancement is presented.

**224 Saturday 2:00 - 4:00 pm**  
**Mastering the Art of Therapeutic Use of Self to Ignite Change in Occupation**  
*Lizett M. Guevara-Garza, OTR, OTD*  
*Celina Casas, OTR, OTD*  
*Claudia Luna, COTA, BAS*  
2.0 hours, Entry Level

This course will focus on strategies to understand the importance of utilizing therapeutic use of self. It will allow participants to gain foundational skills in developing various techniques when transitioning from a student to an entry-level practitioner.

**DON'T FORGET TO ATTEND  
THE TOTA VIRTUAL BUSINESS  
MEETING OCTOBER 11, 2023  
7:00 - 8:00 PM CDT**

# Educational Sessions

Register for classes early to secure your seat.

## **225 Saturday 2:00 - 4:00 pm**

### **ALS: The Art of Living and Independent Mobility**

*Pamela Glazener, OTR, ATP*

*2.0 hours, Intermediate*

Amyotrophic lateral sclerosis (ALS) is a progressive neuromuscular disease involving loss of both upper and lower motor neurons. Progression of these symptoms can be rapid, average, or slow. Adaptations, home modifications, technology and power mobility devices are critical to quality of life.

## **226 Saturday 2:00 - 4:00 pm**

### **How to Utilize Chat GPT in Entry-Level Occupational Therapy Education**

*Hope Hodges, PhD, OTR*

*Josephine Chan, PhD, OT*

*2.0 hours, Academic Professional*

Occupational therapy theory and theory formation in the profession is important to the identity of OT (Hooper et al) and essential for the continuation of evidence-based practice. Chat GPT is technology that academicians across all disciplines are trying to understand and decide the best uses for in their lives and the lives of their students. This presentation highlights the use of Chat GPT in occupational therapy education and with occupational therapy protocols to highlight the benefits and errors that can occur with this technology and to discuss the role of responsible application of the technology.

## **227 Saturday 4:30 - 5:30 pm**

### **Promoting Clinical Reasoning for OT Students in Preparation for Level II Fieldwork**

*Lesley Khan-Farooqi, PhD, OTD, OTR*

*Lacey Sims, OTR, CHT*

*1.0 hours, Academic Professional*

The purpose of this presentation is to share strategies to better prepare entry level occupational therapy (OT) students for their Fieldwork Level II experiences. Strategies were developed at an entry level OT program to build student confidence and understanding of intervention planning.

## **228 Saturday 4:30 - 5:30 pm**

### **Creating a Breast Cancer Survivorship Clinic within a University OT Department**

*Lesley Khan-Farooqi, PhD, OTD, OTR/L*

*Tiffany Bystra MS OTR/L, CHSE*

*1.0 hours, Intermediate*

This short course aims to share the development of a Breast Cancer Psychosocial Survivorship Clinic established within a university setting by two occupational therapists/faculty educators. Logistic handling of advertising, recruitment, and community collaboration will be discussed.

## **229 Saturday 4:30 - 5:30 pm**

### **Promoting Occupational Justice in Palliative Care**

*Joahnes Gatdula, OTD, OTR/L, CPAM, ITOT, CNS*

*1.0 hours, Entry Level*

This is a scoping review of OT practice in palliative care. It will discuss foundational themes of occupational performance, therapeutic change or motivation, evaluation & functional interventions in palliative care.

## **230 Saturday 4:30 - 5:30 pm**

### **Quality improvement: Bettering Workplace Procedures to Change Lives and Improve Outcomes**

*Ana K. Brussa, OTR, OTD*

*1.0 hours, Entry Level*

Quality improvement projects provide employees the opportunity to create solutions for the everyday problems they experience. This short course outlines the process of conducting a quality improvement project utilizing the Plan, Do, Study, Act model to improve patient care and employee experiences.

## **231 Saturday 4:30 - 5:30 pm**

### **A Client Centered Approach to Address Injury**

*Cecilia Fierro, OTD, OTR*

*Timothy Tu, DSc, MEd, OTR*

*1.0 hours, Entry Level*

Participants will understand the evidence behind using client-centered approach in order to improve outcomes. Using client-centered or person-centered approach is more than just a holistic approach, but how health care can be delivered in a meaningful and valuable way to the clients we serve.

## **232 Saturday 4:30 - 5:30 pm**

### **The Struggle is Real: Transforming Lives of Addicted Adolescent Girls Through Occupation**

*Stephanie Capshaw, OTD, OTR*

*Kate Metzger*

*1.0 hours, Entry Level*

Adolescence is a critical time of development related to substance use and addiction. Engaging teen girls in meaningful & purposeful occupation can address behavioral and social deficits associated with addiction disorders, enabling them to live their adult lives with intention, quality and meaning.

## **301 On Demand Pre-recorded ▶**

### **Promoting Occupational Justice in Palliative Care**

*Joahnes Gatdula OTD, OTR/L, CPAM, ITOT*

*1.0 hours, Entry Level*

This is a scoping review of OT practice in palliative care discussing themes of occupational performance, therapeutic change or motivation, evaluation and EBP functional interventions in end of life patients.

## **302 On Demand Pre-recorded ▶**

### **The Future of OTD Education: Innovative Strategies to Prepare New Faculty**

*Monica S. Clark, OTR, OTD, MOT*

*Jessica Maxwell, OTR, OTD, CEAS, ACUE*

*Dailen Castillo, OTR, OTD, MBA.*

*Marcie Campbell, OTR, OTD*

*1.0 hours, Intermediate*

This presentation provides innovative curriculum programming ideas to build faculty initiatives for new OTD programs.

## **305 On Demand Pre-recorded ▶**

### **Integrated Collaborative Care: Building Connections to Better Neonatal Practice**

*Sarah Elkington, PhD, OTR, CNT*

*1.0 hours, Intermediate*

Results of a multi-case study research exploring perceptions of neonatal therapists using an integrated collaborative care model are described. Strategies to improve integrative practices and a model of how neonatal therapy practice fits within the complexity of NICU dynamics are presented.



# Educational Sessions

Register for classes early to secure your seat.

## 306 On Demand Pre-recorded ▶

### Will I pass? Using Inclusive Teaching to Promote Psychological Safety for Student Success

*Sheina Farooqui, OTR*

1.0 hours, Intermediate

This course addresses current student mental health concerns by introducing the concept of psychological safety and the connection to inclusive teaching strategies used in OT academics. Current and prospective faculty or Level II FW clinical instructors are encouraged to participate.

## 307 On Demand Pre-recorded ▶

### Addressing Spirituality in Occupational Therapy

*Amy Boyd, OTR, OTD*

*Jamie Le, OTS*

2.0 hours, Entry Level

In this short course, participants will explore dimensions of spirituality, explore the benefits of spirituality in healthcare, and learn practical spiritual assessment and intervention approaches in pursuit of wholeness for the self, clients, and organizations.

## 308 On Demand Pre-recorded ▶

### Adoption & Foster Care Preparation: Changing the Lives of Caregivers Through Occupation

*Stephanie Capshaw, OTD, OTR*

*Joshua Gartner*

*Leslie Ayala*

2.0 hours, Entry Level

Adopted and foster care children experience adverse events, which can alter brain chemistry and affect functioning. Families do not receive adequate prep for the effects of early trauma. Occupational therapists can support caregivers as they prepare to bring a child into their home.

## 310 On Demand Pre-recorded ▶

### Development of a Blind Fencing Program: A Multi-Disciplinary Approach

*Regina Budet, OTR, OTD, SCLV, ECHM*

1.0 hours, Entry Level

Exploring the development of an adapted sport program, blind fencing, into the community using a multidisciplinary lens. We review the history of blind fencing in the US and benefits related to occupations. Issues including safety, accessibility, and promotion for sustainability are considered.

# WhoVa

**Pre-Recorded sessions  
will be available  
on demand through  
Dec. 31, 2023  
on the whova app.**

## ALSO USE WHOVA TO:

- Network with other attendees and vendors through the "Meet ups" feature
- View speaker bio
- Submit questions to speakers
- Retrieve handouts

## OCCUPATIONAL THERAPY BENEVOLENCE ENDOWMENT ACKNOWLEDGING BENEVOLENCE AS A PROFESSIONAL VALUE

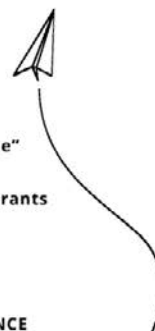


**otbe.org**



Join the OTBE Board in serving the mission of OTBE in service to Texas occupational therapy practitioners & the profession, by checking all the boxes.

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- ✓ ADVOCATE FOR: "Benevolence as an Occupational Therapy Professional Value"
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- ✓ SHARE OTBE MISSION & OTBE BENEVOLENCE GRANT BUZZ with Texas OT colleagues





# TOTA 2023 ANNUAL CONFERENCE STUDENT ORGANIZATION TABLES



## FRIDAY, NOVEMBER 4

*Set up begins no earlier than 8:30am*

**Store Hours: 11:00 am – 4:00 pm**

## SATURDAY, NOVEMBER 5

*Set up begins no earlier than 8:30am*

**Store Hours: 11:00 am – 4:00 pm**

Abilene Christian University  
Baylor University SOTA  
Houston Community College  
PMI Medical Institute  
San Jacinto College South SOTA  
South Texas College SOTA  
Texas Tech Health Sciences Center SOTA  
TWU - Dallas SOTA  
TWU Pi Theta Epsilon & SOTA  
University of Incarnate Word  
Univ. of Mary Harden-Baylor  
University of Texas Health Science Center San Antonio  
University of Texas Medical Branch at Galveston SOTA

**NOTE: All participants of the Student Organization Store must be registered for the TOTA Annual Conference**

- Please check in at the TOTA desk in the exhibit hall.
- A table will be assigned to your school.
- Each student organization will have a skirted table and 2 chairs.
- **Please limit table attendees to 2 at a time.**
- No loud talking – you are sharing this area with exhibitors.
- All students working tables must be registered for conference and wear a badge.
- All additional inventory must be stored out of sight under your table.
- Please make plans to remove or secure inventory to at the close of Friday's store hours. Exhibit Hall is not guaranteed to be totally secure.

# Poster Presentations

Poster presentations are live and on demand

**125 FRIDAY 3:15 pm - 4:15 pm**  
Each poster session is a  
10-15 minute presentation.

## **Norms across ages for Clinical Test of Sensory Integration and Balance and Tandem Walking**

**Helen S Cohen, EdD, OTR, FAOTA**  
Intermediate

Balance skills underlie performance of many activities, so therapists often screen balance skill. Two brief tests of walking and standing balance use minimal equipment but there were no norms for children. This poster shows the tests, new pediatric norms, and changes across the lifespan.

## **Sensory 101 for the General Education Teacher: A Case Study**

**Alexis White, OTD, OTR**  
Entry Level

Gaps exist in understanding the demands of educating teachers on sensory strategies. The project developed an interactive training for general education teachers to enhance competency of sensory processing in the classroom. Proper use of the ESSA law will support teacher professional development.

## **Incidence of Adverse Events in Patients w/ Acute UE DVT During PT & OT**

**Judy Skarbek, OTR, MSRS**  
**Laura Goehrs, MSPT**  
Intermediate

Upper extremity (UE) deep vein thrombosis (DVT) have become more common place amongst hospitalized individuals. OTs frequently work with patients who have been diagnosed with acute UE DVTs. Are patients safe to perform ADLs or mobility who have acute DVTs?

## **Job Satisfaction Among Occupational Therapy Practitioners in a West Texas Border Town**

**Kaleigh Stevens, OTD, OTR**  
**Jessica Gutierrez**

**Krysten Estrada**  
**Alan Frausto**  
Entry Level

Job satisfaction among occupational therapy practitioners has been linked to several factors. The current study seeks to examine the association of these factors with job satisfaction among the unique population of practitioners in a west Texas border city.

## **Transition Services and Young Adults with Autism Spectrum Disorder**

**Cristina Rivas**  
Intermediate

The purpose of this research is to explore the experience of young adults with autism spectrum disorder considering social skills at transition programs. Semi-structured interviews were used to find themes. The participants stated that this program has helped them develop numerous skills.

## **Simply Well: Development & Implementation of a Wellness Programming in Subsidized Housing**

**Amber B. Armstead, DrPH, OTR, BCPR**  
**Diane Collins, OT, PhD**  
Entry Level

This study investigated the impact of total wellness programming on residents living in subsidized housing to better understand their collective health and wellness knowledge and needs. As a result, Simply Well was modified to address their health needs helping them to successfully age in place.

## **Self-Care Class for Young Adults and Caregiver Resource**

**Jackie Johnson**  
Entry Level

This project's purpose was to improve the self-care skills of students in an adult transition program through a class and caregiver resource. The self-care class and caregiver resource included information to improve grooming, dressing, and toileting activities and positive results were observed.

## **Perspectives of South Texas Clinicians on the Effectiveness of Telehealth**

**Emily Nicole Rosa**  
**Roel Garcia, OTR, OTD, ATP**  
Entry Level

This poster will provide the perspectives of clinicians such as speech language pathologists, occupational therapists, and occupational therapy assistants on the effectiveness of telehealth on client outcomes in a school based setting in South Texas Border Regions.

## **Engagement in Meaningful Activities According to an Individual's Stage of Dementia**

**Brittany Wheeler**  
**Bridgett Piernik-Yoder, PhD, OTR, FAOTA**  
Entry Level

This presentation provides an overview of how engagement in meaningful activities according to an individuals' stage of dementia can impact their quality of life. Based on their interests and hobbies, individuals can benefit from engaging in tailored activities to promote activity participation.

## **The Effects of COVID-19 on Adult Organ Transplant Recipients in the Rio Grande Valley**

**Doralee Lara**  
Entry Level

The purpose of this study was to investigate the lived experiences of adult solid organ transplant (SOT) recipients in the Rio Grande Valley during the COVID-19 pandemic and the impacts on their engagement in occupations.

## **Occupational Therapy Students and Occupational Balance: A Qualitative Study**

**Paola M. Jasso**  
**John S Luna, OTR**  
Entry Level

This qualitative study explored the experience of occupational therapy students during their educational program and the factors that influenced their educational participation.

# Poster Presentations

## **Creation of a Sensory Garden for Individuals with a Sensory Processing Disorder**

**Rebecca Minor**

*Entry Level*

This presentation contains an overview of a capstone project in which a sensory garden was created for individuals with sensory processing disorders. The focus will be on the impact SPDs have on individuals and how sensory gardens can be utilized to promote increased occupational participation.

## **Simulation Development in Occupational Therapy Curriculum**

**Kendall Davis**

**Donna Walls, OTD, OTR, CHT**

*Academic Professional*

This study aims to understand the current practice of simulated learning within the occupational therapy curriculum, focusing on scaffolding and de-briefing of experiences.

## **Perceived Language Barriers of English as a Second Language Hispanic OT Students**

**Grisel Contreras, OTD, OTR**

*Academic Professional*

Hispanic English as a Second Language occupational therapy students face unique challenges related to language barriers affecting academic performance and the development of clinical reasoning.

## **Effectively Measuring Upper Extremity Improvement After Brain Injury and Stroke**

**Charlene Iroanya, OTD, MOT, OTR/L, CBIS, CNS, Neuro IFRAH cert**

*Intermediate*

Occupational therapy promotes health, function and occupation through a holistic lens supported by evidence-based practice. The Chedoke hand and arm inventory (CAHAI) is an evidence-based measure that demonstrates improved participation in ADLs/IADLs in the brain injury/stroke population.

## **Social Inclusion on Playgrounds for Children with ASD:**

### **A Qualitative Case Study**

**Lacey Voss**

**Mei-Ling Lin, PhD, OTR**

*Entry Level*

Using the case study approach, the barriers and facilitators to social inclusion on community playgrounds for a child

with ASD are identified. Also, feasible guidelines that playground designers can use to facilitate socialization between children with ASD and their counterparts are proposed.

## **Finding A New Identity in Academia**

**Victoria Aguilar**

**Lillie Thomas, EdD., OTR**

*Academic Professional*

New occupational therapy faculty members transitioning from clinical practice to academia in higher education institutions face various adversities. The findings of this research provide universities with specific areas for growth to enhance the experiences of transitioning faculty members.

## **Case Study of One Formerly Incarcerated Woman in an Occupation-Based Program**

**Sadie Oakley**

**Courtney Patterson**

*Entry Level*

Firsthand experiences from an OT student who facilitates crafting, cooking, leisure, and self-care activities for formerly incarcerated women with IDD and mental health needs in a group home. We will share the quantitative and qualitative progress of one participant in the program.

## **Predictors for Passing the NBCOT Exam at a Hispanic-Serving Institution**

**Timothy Tu, DScOT, MEd, OTR**

*Academic Professional*

This retrospective study of students enrolled in the Master of Occupational Therapy Program at a Hispanic-serving institution found significant results for native language ( $p < 0.05$ ), undergraduate GPA ( $p = 0.01$ ), and OTKE score ( $p < 0.05$ ) as predictors for first time pass success on the NBCOT.

## **GROW: A Community Garden Program for Caregivers and People Living with Dementia**

**Christina Bittle, OTD, OTR**

*Entry Level*

An occupation-based, dementia friendly community garden pilot program was produced in partnership with UT Health's Caring for the Caregiver program and the San Antonio Botanical Garden through an OTD capstone project.

## **Applying PLISSIT Model to Sexuality After Stroke**

**Megan Taylor, OTR, OTD**

*Entry Level*

Stroke causes abrupt changes in roles and responsibilities, including those related to sexuality and intimacy. This presentation will provide occupational therapy practitioners with training and tools for addressing sexuality with stroke survivors and their partners.

**219 SATURDAY 2:00 pm - 3:00 pm**

**Each poster session is a**

**10-15 minute presentation.**

## **Adapting Parenthood: Occupational Therapy for Parenting Roles and Occupations**

**Jessica Peterson, OTR, MSOT, PMH-C**

*Entry Level*

Parents with physical disabilities experience challenges with physical, social, cultural, and economic environments. Barriers to parenting occupations and roles are overlooked by occupational therapy practitioners. Professional resources can help identify issues and find solutions.

## **Transition Services for High School Students with Autism**

**Gloria Angela Vital**

**John Luna, OTR**

*Intermediate*

The purpose of this presentation is to identify the transition services provided to high school students with ASD by special education personnel, including OTs, gathered via a Qualtrics survey as part of an exploratory quantitative study.

## **Intimacy and Relationships: Experience of Individuals with ASD**

**Melissa P. Mendoza**

**John S. Luna, OTR, OTD**

*Intermediate*

This poster presents findings from a quantitative study to identify the constraints affecting individuals with ASD development in maintaining a relationship with friends or romantic relationships. Findings can support evidence-based intervention for practitioners working with young adults with ASD.



# Poster Presentations

## Exploring the Feelings and Emotions of Individuals Undergoing a Total Hip Replacement

*Camila Cambranis, OTDS  
Eva-Maria Anger, OTD, OTR  
Entry Level*

This poster will provide an insight on the perspectives of clients who had undergone THR surgery including their feelings and emotions for a better understanding of their pre-operative process and their education on precautions before discharge.

## Cultural Influence on Childrearing of Hispanic Fathers of Children with Autism

*Penny Escobedo Luna  
Jack Ruelas, OTR  
Intermediate*

The purpose of this poster is to explore cultural influence on childrearing of Hispanic fathers of children with ASD. By knowing Hispanic fathers' experiences, occupational therapists can use that information to guide the occupational profile and fit intervention to the child's and father's needs.

## Exploring Occupational Therapy's Role with Refugees: A Life Skills Program

*Laura Davila, OTD  
Entry Level*

Trauma and its stemming symptoms refugees experience during their journey to resettlement may impact their participation in daily occupations once resettled. Occupational therapy has a role in helping refugees better integrate into the community.

## The Experience of Grief in Elders During COVID-19

*Margaret Wallace  
Entry Level*

Grief during COVID-19 has been called "a pandemic within a pandemic", as more elderly adults are experiencing it in larger quantities. This preliminary narrative research study seeks to look at the experience of grief in elderly adults during COVID-19 through the lens of occupational therapy.

## Through the Eyes of a Person with Parkinson's: The Lived Experiences

*Abby Garza-Leal  
Thelma C. Ochoa, OTD, OT, C/NDT  
Entry Level*

This poster aims to gain perspective on how individuals have coped with Parkinson's Disease (PD) and how that has affected their current lived experience. Attendees will identify the perceived factors that support or hinder occupational participation and quality of life in individuals with PD.

## Experiences of Individuals with Congenital Disabilities Transitioning into Adulthood

*Tina Sierra  
Thelma C. Ochoa, OTD, OT, C/NDT  
Entry Level*

The purpose of this research is to explore the experiences of transitioning into adulthood in individuals with congenital disabilities (CD), identify resources utilized/needed when transitioning into adulthood, and the implication for occupational therapy practitioners working with this population.

## Increasing Accessibility to CPR and First Aid Training for Individuals with Disabilities

*Hannah Miller  
Entry Level*

This poster presents an adapted first aid and CPR training program for adults with intellectual and developmental disabilities. A hundred percent of the adults who attempted chest compressions on a CPR mannequin performed returned demonstration successfully.

## Upper Extremity Injuries in Collegiate Athletes and Their Intervention Outcomes

*Andrea Perez  
Roel Garcia, OTR, OTD, ATP  
Entry Level*

This poster will provide insight into the type of interventions former/current collegiate athletes receive for upper extremity orthopedic conditions, the impact of the injury on occupations, and common interventions associated with their rehabilitation.

## Changing Lives Through Occupation: A Health Promotion for Minorities with Disabilities

*John S. Luna, OTR, OTD  
Diana Paz MBA, Pharm D  
Sonio Garcia, MS  
Murat Karbulut PHD, FACS, CSCS, CEP  
Entry Level*

The purpose of this mixed-method study is to identify barriers and supporting factors to healthy dietary behaviors and exercise participation for Hispanic college students with disabilities. Findings reveal health promotion opportunities for occupational therapy practitioners during interventions.

## Seeking Mental Health Support Through Social Media

*John Luna, OTR  
Entry Level*

The purpose of this study is to explore Hispanic college student's use of media as contextual mental health support. The findings can help practitioners in mental health settings include social media as a consideration when developing an occupational profile as part of the evaluation process. Imelda Montelongo, OTD student

## Fall Prevention in Continuous Care Retirement Communities: A Focus on Staff Education

*Hannah Burks  
Entry Level*

The Village at Incarnate Word is a continuous care retirement community (CCRC) located in San Antonio, Texas. The aim of this Capstone project was the improvement of staff education about current best-practice fall prevention strategies to improve resident safety.

## Development of a Holistic Resilience Experience for Military Spouses

*Amy Jo Corral  
Ricky Joseph, PhD, OTR  
Entry Level*

Development of a holistic, hands-on resilience day program for military spouses shows potential in increasing awareness of available resources in efforts to reduce stress and improve overall mental health and well-being. Environmental factors impacting participation must be explored and addressed.

# Poster Presentations

## **The Experiences of Adults with Disabilities in Inclusive Recreation**

*Stephanie Trevino*

*John S Luna OTD*

*Entry Level*

The purpose of the presentation is to provide an interactive discussion of the study exploring the personal experiences of adults with disabilities participating in inclusive recreation to understand how it can enhance their lives through their physical, mental, and social well-being.

## **Caregivers of Children with ADHD Considering Medication: A Qualitative Study**

*Linda Garcia-Fuentes*

*John S. Luna, OTR, OTD*

*Intermediate*

The purpose of this qualitative study is to explore the perspective of Hispanic caregivers when considering medication for a child with ADHD. Results inform occupational therapy practitioners of potential factors caregivers consider during interdisciplinary interventions which OT may be part of.

## **Outcomes of Implementing Health Promotion Activities at a Reentry Facility**

*Jennifer Sanchez, OTR, OTD*

*Academic Professional*

"Outcomes of Implementing Health Promotion Activities at a Reentry Facility" is a capstone project that aims to provide outcomes using a post-evaluation survey design post implementation of health promotion activities by an occupational therapy student with the justice-involved population.

## **Employment Outcomes Post-Bariatric Surgery: A Systematic Review**

*Lima Ghulmi OTD OTR*

*Pearl Kim*

*Raymond Martinez*

*Intermediate*

This systematic review aims to explore the relationship between employment status post-bariatric surgery and the potential impact of occupational therapy on employment outcomes post-surgery among clients with severe obesity.

## **Lived Experience of Female Hispanic Caregivers: Caring for Two Generations**

*Esteban Martinez III*

*Lou Rutigliano - PhD, MSOT, OTR/L*

*Intermediate*

The purpose of this study is to explore the lived experience of Hispanic female Caregivers who are rendering care for an older generation and younger generation of family members. The study found that they use a variety of coping mechanisms, strategies, and skills to manage their day-to-day lives.

## **Retrospective Study of Routine Driving Conversations with HD Patients**

*Kathleen Dawson Maresh*

*Intermediate*

Huntington's disease (HD) is a progressive neurological condition that eventually renders a person incapable of driving. Given the importance of driving, this study looked to determine the frequency and context of driving conversations at a neurology clinic with motor manifest HD patients.

**ON DEMAND PRE-RECORDED  
AVAILABLE THROUGH 12/31/2023  
Each poster session is a  
10-15 minute presentation.**

## **303 On Demand Pre-recorded ▶**

### **Tech 4 Kids: Increasing Opportunities for Children with Disabilities to Explore Theatre**

*Kaitlyn Allemand*

*Entry Level*

This presentation describes the process of implementing a technical theatre program for children with disabilities. The four-week-long program focused on increasing opportunities for children with disabilities to improve self-competence, creativity, social-emotional skills, and overall well-being.

## **304 On Demand Pre-recorded ▶**

### **Occupational Therapy's Role in Kindergarten Transitions**

*Brooke Antonioli*

*Entry Level*

This presentation will offer valuable insight and findings of an occupation-

based education program developed to support caregivers of children with disabilities as they navigate the transition into kindergarten.

## **309 On Demand Pre-recorded ▶**

### **Reintegrating Back into the Community Following a TBI: A Child's Caregiver Perspective**

*Jasmine Sifuentes, OTD*

*Hope McCarroll, OTD, MOT, OTR, BCP*

*Lisa Griggs-Stapleton, PhD, OTR*

*Entry Level*

This study examines the insufficiency of community resources and services caregivers of children with traumatic brain injury encounter. The results showed families faced significant challenges in obtaining necessary support, which impacted the children's occupational performance and participation.

## **311 On Demand Pre-recorded ▶**

### **Life Skills Program Development for LGBTQ+ Youth Experiencing Homelessness**

*Bianca Williams, OTD*

*Entry Level*

This poster presentation highlights the development of a trauma-informed life skills program guide that addresses occupational deficits at Dallas Hope Center, a Dallas, TX, transitional housing site for LGBTQ+ youth that experienced homelessness.

# Whova

Pre-Recorded posters will  
be available on demand  
through Dec. 31, 2023  
on the whova app.