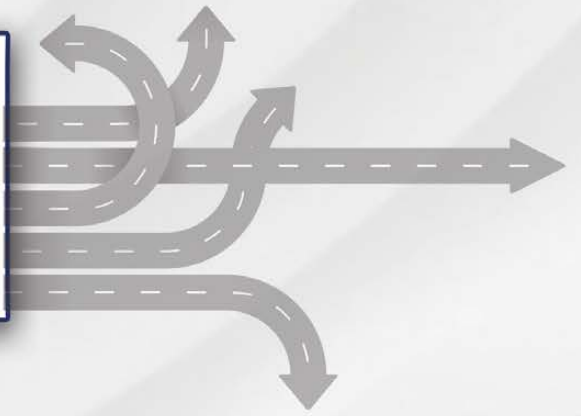


# JOURNEY forward



20  
22



TOTA ANNUAL CONFERENCE  
DENTON, TX

# CONFERENCE GUIDE

**REGISTRATION IS LIVE!**  
**Register TODAY >**

# THANK YOU TO OUR SPONSORS AND EXHIBITORS!

A LIMITED NUMBER OF EXHIBITOR BOOTHS ARE STILL AVAILABLE - RESERVE YOURS NOW BEFORE THEY'RE GONE! [CLICK HERE >](#)

## PLATINUM



## SILVER



## TEXAS STAR



## ADDITIONAL EXHIBITORS

Anchor Pediatric Therapy  
At Home Healthcare  
Be An Angel  
Circle of Care Pediatric Therapy Services  
Cole Health

Building Therapy Leaders  
Evidence In Motion  
Early Childhood Intervention Services  
Kendra Scott  
Killeen ISD  
Med Travelers

NBCOT  
Neuro Rehab VR  
Preston Wood Pediatrics  
Rehab Synergies  
Reliable Medical  
Super Duper Publications

Texas Technology Access Program  
The Genesis Group  
TMC  
UT Tyler  
WPS

# Letter from the President

Jason Stark, OT, MHA – TOTA President



Jason Stark, OT, MHA  
TOTA President

I'd like to personally welcome each of you to the 2022 TOTA Annual Conference. It's an exciting time for TOTA as we continue to grow and adapt and continue our journey forward. Our organization is confronting a time of many changes and we're meeting these changes during a time of larger nation-wide and global change. You state board continues to meet regularly and are committed to serving you all. I encourage you all to orient yourself to TOTA's strategic plan, located on our website, and provide any feedback for future areas of focus. The world of Occupational Therapy is an exciting area in which to work/study/play, and we'll continue to meet and bring inspired people together in forums like this, to ensure TOTA continues to serve its members.

**T**his conference guide will give you an idea of what you can expect and what we hope to achieve over the next two days. As part of your journey, you will be offered access to a wealth of knowledge from some of our most respected colleagues in Texas. I would like to express gratitude to all those who submitted to Call for Papers and are committed to making this conference a success.

I would like to recognize Judi Joseph and Kami Lusson for all the hard work and commitment they have endured to ensure occupational therapy practitioners in the state of TX have an opportunity like this. I would also like to extend

my gratitude to the 2022 Conference Planning Committee as well. Without our staff and your dedication, this feat of conference simply wouldn't happen.

I'd like to thank each of you for attending our conference and encourage you all to bring your whole self to conference, just as you are. You, have the vision, the knowledge, the wherewithal, and the experience to help us pave our way into the future. You are truly our greatest asset today and tomorrow, and we could not accomplish what we do without your support and leadership.



# 2022 Conference Committee

TOTA extends a special THANK YOU to all our Conference Committee members who have helped make the 2022 TOTA Conference possible. With their help and dedication TOTA is able to offer 48 live educational sessions and over 140 speakers, 37 vendors (and counting), along with virtual poster sessions and a student-specific event. We are happy you are joining us at the 2022 TOTA Annual Conference!



Judith Joseph  
Overall Organizer



Evie Harness  
Conference Chair



Kami Lusson  
Vendor Services/  
Exhibit Hall



Jean Polichino  
FAOTA  
Program Chair



Megan Taylor  
Education Committee  
Chair/Program



Heather Logan  
Registration



Theresa Powers  
Student Volunteers/  
Check In



Diane Collins  
Practitioner  
Volunteers/Check In



Eileen Garza  
Whova App



Susan Nickelson  
Program



Ashley Harrell  
Local Hospitality



India Williams  
Parker Student/Local  
Hospitality



Iyabo Bello  
HCC Student Volunteer/  
Exhibit Hall

**SHARE YOUR  
CONFERENCE  
PHOTOS!**

**#jOURneyForward  
#TOTA2022**

# Contents

- 3 | Letter from the President
- 4 | Conference Committee
- 5 | Whova App Info
- 7 | Officers & Chairs
- 8 | What's New?
- 9 | Conference Schedule
- 10 | Conference Registration
- 11 | Conference Info
- 12 | Special Events
- 14 | Floorplan
- 15 | Student Event
- 16 | Award Nominees
- 17 | Educational Sessions
- 22 | Student Organization Tables
- 23 | Poster Presentations



## Important Deadlines

- **Early Bird Registration Ends SEPTEMBER 30.**
- **Book your Hotel Reservation by OCTOBER 17.**
- **Regular Registration Ends OCTOBER 23.**
- **Late Registration (increase fee of \$100) ends NOVEMBER 2.**
- **NO ON-SITE REGISTRATION.**

# Whova

Get ready for the 2022 TOTA Annual Conference and download the Conference App today.

< [CLICK HERE FOR THE USER GUIDE](#) >

Register for your sessions, view speaker bios, submit questions, retrieve handouts, network, play the passport game for a chance to win prizes & MORE!

**TOTA 2022 Annual Conference:** Conference Guide



Texas Occupational Therapy Association (TOTA) is the state's professional association of Occupational Therapists, Occupational Therapy Assistants, students of Occupational Therapy and retired Occupational Therapists. The primary mission of TOTA is to be responsive to the professional development, information needs, and educational requirements of its members; to advance and improve the practice of occupational therapy for the benefit of the consumers; and to anticipate and respond to the organizational, political, economic and social features of the health care delivery system at the local, state and national levels.

## Why Should I Attend the TOTA Annual Conference?

- ✓ This is the largest gathering of occupational therapy practitioners and students in Texas!
- ✓ Great opportunity to network and see your friends and colleagues
- ✓ We actually have fun
- ✓ Interact with vendors
- ✓ Find your next job
- ✓ Of course you need a new OT "T" shirt!

**Advertising:** All advertising is accepted on the basis of conformity with the standards of TOTA, Inc., which reserves the right to refuse unsuitable ads. Rates can be obtained by calling the above number. Information is due the first of each month prior to publishing.

The Texas Occupational Therapy Association, Inc. is not responsible for statements made by contributors or advertisers. Unless otherwise stated, material published to Revista OT does not reflect the official position or endorsement of the Texas Occupational Therapy Association, Inc.



# DOCTOR OF OCCUPATIONAL THERAPY (OTD)

## A post-professional degree plan offering Bachelor's-to-OTD and Master's-to-OTD options

The program enables practicing OTs to complete a course of study that will prepare them to assume leadership roles, management positions, and/or to serve as clinical faculty.

The program is 100% online and can be completed in six to seven semesters while maintaining active clinical practice.



For more information please contact us by email at [ppotd.admission@utmb.edu](mailto:ppotd.admission@utmb.edu) or call (409) 772-3062



[shp.utmb.edu/OccupationalTherapy](http://shp.utmb.edu/OccupationalTherapy)

Full-time, part-time & PRN positions with flexibility in schools - Since 2005

## We Love OTs!

## No OT school experience?

### No problem!

Our certification program will help gain the knowledge you need to transition smoothly from clinical work to school setting!

### Being on the Specialized team means:

- Health insurance options for full and part-time employees
- Ongoing support & mentoring
- Travel stipends
- 100% paid liability insurance
- And more!

## Speak with our hiring team!

[https://calendly.com/specialized\\_recruit](https://calendly.com/specialized_recruit)



## Specialized

ASSESSMENT & CONSULTING



SCHOOL BASED POSITIONS



[SPECIALIZEDASSESSMENT.COM](http://SPECIALIZEDASSESSMENT.COM)

## Officers

President:	Jason Stark
Vice President:	Laurie Stelter
Secretary:	Vicki Thomas
Treasurer:	Shari Felton

## District Chairpersons

Alamo South:	Monica Starkovich Clark
Capital Centex:	Lacey Spark
Great Plains West:	Matthew Wymore
Gulf Coast East:	Kira Beal
Rio Grande:	Kaleigh Stevens
Trinity North:	Keegan McKay

## Committee Chairs

Conference:	Evie Harness
Development:	Sharon Hennigan
Education:	Megan Taylor
International:	Evanglina Moncayo
Legislative & Political Affairs:	John Luna
Membership Services:	OPEN
Standards & Practice:	Michelle Atanu
Parliamentarian:	Lynda Jennings
AOTA Representative	Lynda Jennings
	William Sit
OTA Representative	Layman Miller
Student Representatives	Katrina Herrera (OT) Yvette Jimenez (OTA)
Newsletter	
Editor:	Jaclyn Low
Design and Production:	Justine Boyer
Executive Director	Judith Joseph
Member Services	Heather Logan
Vendor Services	Kami Lusson
Continuing Education Services	Kami Lusson
Legislative Advisor	Denise Rose
	Kate Goodrich
Legal Advisor	Richard Cheng



# Save the Date

## April 28-30, 2023

### 2023 Annual Education Conference

*Connect...*

with hand therapists across the state of Texas

*Learn...*

all things hand therapy and earn CEUs

*Advocate...*

for the hand therapy profession

*Join today!* [www.tsht.org](http://www.tsht.org)



### OCCUPATIONAL THERAPY BENEVOLENCE ENDOWMENT ACKNOWLEDGING BENEVOLENCE AS A PROFESSIONAL VALUE

Join the OTBE Board in serving the mission of OTBE in service to Texas occupational therapy practitioners & the profession, by checking all the boxes.

- ✓ LEARN ABOUT OTBE at TOTA Annual Conference or visit [www.otbe.org](http://www.otbe.org)
- ✓ ADVOCATE FOR: "Benevolence as an Occupational Therapy Professional Value"
- ✓ DONATE To support OTBE Benevolence Grants
- ✓ EXPLORE VOLUNTEER LEADERSHIP OPPORTUNITIES [txotbe@gmail.com](mailto:txotbe@gmail.com)
- ✓ SHARE OTBE MISSION & OTBE BENEVOLENCE GRANT BUZZ with Texas OT colleagues





# What's New?

## + Saturday 10:00 am – 10:50 am

### Occupational Therapy Practice Area Forums

1-hour small group discussions focused on networking, mentorship, and resource sharing among OT practitioners who share a common area of practice. This inaugural event will focus on assessing the individualized needs and wants of practitioners within the various areas of practice so that future events and initiatives can be planned in response to the primary needs and wants expressed.

#### PRIMARY FACILITATORS FOR EACH OF THE PRACTICE FORUMS.

##### Academic

- o OT Program Directors: Cynthia Evetts, OTR, Ph.D.
- o OTA Program Directors: Kira Beal, OTR, Ed.D., OTD
- o Fieldwork Coordinators: Gloria Jeffery, OTR
- o Capstone Coordinators: Laurie Stelter, OTR, Ph.D.

Older Adults: Keegan McKay, OTR, MOT, OTD

Adults: Monica Clark, OTR, OTD

Pediatrics: Michelle Atanu, OTR, MOT

Behavioral/Mental Health: Ricky Joseph, OTR, PhD

#### FORUM CATEGORY BREAKDOWN

##### Older adults

##### Adults Categories

- o Rehab
- o Outpatient
- o Acute
- o Home Health

##### Pediatrics Categories

- o School-based Practice
- o Outpatient neuro/SI
- o Hospital-based/NICU
- o Home health/ECI

##### Behavioral/mental health

## + TOTA In the Community

### Kendra Scott Pop-up

This year you will find a Kendra Scott Pop-up shop in the exhibit hall. Through the Kendra Gives Back program, 20% OF THE PROCEEDS from the TOTA conference are devoted directly to benefitting the Stepping Stones program of Denton.

**Stepping Stones:** Stepping Stones is an occupational therapy based group for persons with Alzheimer's or other dementias and their family caregivers. Texas Woman's College of Occupational Therapy facilitates the client group with graduate occupational therapy students and community volunteers who assist clients on a one-on-one basis as they participate in many adult activities including music, crafts, games, and socialization in a safe, nurturing environment. Eileen Short provides a family support group simultaneously with the client activity group.



# JOURNEY forward

# 2022

TOTA ANNUAL CONFERENCE  
DENTON, TX

NOV  
11-12

## TOTA 2022 Annual Conference In-Person Schedule

### Thursday, November 10, 2022

6:00 p.m. – 8:00 p.m. Check-In booth open

### Friday, November 11, 2022

7:00 a.m. -6:00 p.m. Check-In  
8:00 a.m. – 9:45 a.m. Educational Sessions  
8:00 a.m. – 9:45 a.m. Student/First Year Practitioner Event  
9:45 a.m. – 10:00 a.m. Break  
10:00 a.m. -12:00 a.m. Educational Sessions  
11:30 a.m. -4:00 p.m. Exhibit Hall Open  
12:00 pm – 1:00 p.m. Lunch in the Exhibit Hall  
1:00 p.m. – 3:00 p.m. Educational Sessions  
3:00 p.m. – 4:00 p.m. Refreshment Break in Exhibit Hall  
4:00 p.m. - 6:00 p.m. Educational Sessions  
6:30 p.m. – 8:30 p.m. Business Meeting  
Awards Presentation & Reception

### Saturday, November 12, 2022

7:00 a.m. -11:00 p.m. Check-In  
8:00 a.m. – 9:45 a.m. Educational Sessions  
9:45 a.m. – 10:00 a.m. Break  
10:00 a.m. -10:50 a.m. Occupational Therapy Practice Forums and Meetings  
11:00 a.m. -4:00 p.m. Exhibit Hall Open  
11:00 a.m. –12:00 p.m. Keynote Address  
12:00 pm – 1:00 p.m. Lunch in the Exhibit Hall  
1:00 p.m. – 3:00 p.m. Educational Sessions  
1:00 p.m. – 3:00 p.m. OTA Forum  
3:00 p.m. – 4:00 p.m. Refreshment Break in Exhibit Hall  
4:00 p.m. - 6:00 p.m. Educational Sessions  
6:00 p.m. Conference Adjourns

On-Demand Posters and Educational Sessions are available from November 11, 2022 – December 31, 2022

Note: For the complete program, conference, and session information, please download the conference App (Whoova).

Contact Continuing Education hours are offered for educational sessions and poster presentations. The Business meeting is not eligible for TBOTE contact hours.

# TOTA Annual Conference Registration

**Register early & SAVE!!**

## 2022 TOTA Annual Conference Registration Fees

	Early Bird Pricing ENDS SEPTEMBER 30!		Registration (+\$50) October 1- October 24		Late Registration (+\$100) October 25 - November 2	
	Member	Non-Member	Member	Non-Member	Member	Non-Member
Practitioner Full Conference	\$315	\$423	\$365	\$473	\$415	\$523
Practitioner Friday Only	\$195	\$245	\$245	\$295	\$295	\$345
Practitioner Saturday Only	\$195	\$245	\$245	\$295	\$295	\$345
Student Full Conference	\$175	\$205	\$225	\$255	\$275	\$305
Student Friday Only	\$105	\$135	\$155	\$185	\$205	\$235
Student Saturday Only	\$105	\$135	\$155	\$185	\$205	\$235

TAKE ADVANTAGE OF **EARLY BIRD PRICING**  
**SEPTEMBER 9 - 30**  
CLICK HERE TO [REGISTER NOW!](#)

### Exhibit Hall Hours

Friday, November 11 11:30 AM – 4:00 PM

Saturday, November 12 11:00 AM – 4:00 PM

**Continuing Education Credit:** TOTA will provide an attendance reporting form for all webinars/sessions which have been approved for credit. **The CE tracker will be in the whova app and available for downloading.** Note: We will not be recording any of the live educational sessions or special events.

**Tri-Alliance Members, Health Care:** Professionals and Out-of-State OTs / OTAs Registration will be at the TOTA member rate with proof of current professional state association membership.

### TSHT Workshop (additional workshop fee)

Texas Society for Hand Therapy  
IN COLLABORATION WITH TOTA

# Orthosis Fabrication Workshop

November 11, 2022  
8:00 am - 6:00 pm



Join TSHT during the TOTA Annual Education Conference for an orthosis fabrication workshop!

...

**Location:** Embassy Suites by Hilton  
Denton Convention Center

...

TSHT Members: \$230  
Non-Members: \$265

...

**Registration opens September 9th!**

## What's Included?

- **Access to over 48 Live Educational Sessions** with some sessions available on demand until 12/31/22.
- **NEW OT Practice Forums.**
- **36 Virtual Poster Presentations** are available to attendees through 12/31/2022.
- **Full access** to the Exhibit Hall, product demos, interviews, live meetings.
- **Networking opportunity** within the virtual platform and app.
- **Registration also includes** lunches, coffee and refreshment breaks.

Visit the TOTA website at:  
[www.tota.org](http://www.tota.org)

**REGISTER BY  
November 2, 2022.**

# Conference Info

## HOTEL INFORMATION

[CLICK HERE TO BOOK](#)

**Reservations must be made by October 17, 2022, to secure the block rate of \$159 per night for single or double occupancy.**

You can book the standard rooms by calling the hotel directly at 940-243-3799 and referencing the TOTA 2022 Annual Conference rate, or by [booking online](#).

### **Embassy Suites by Hilton Denton Convention Center**

3100 Town Center Trail, Denton, TX 76201

**Group Name:** TOTA 2022 Annual Conference

**Arrival Date:** November 10, 2022

**Departure Date:** November 12, 2022

**Airport Shuttle:** Not available

Dallas/Fort Worth International Airport: 20.00 miles

Dallas Love Field: 33.00 miles

**Parking:** Self-parking: Complimentary

Valet parking: Not available

## DRESS

Casual recommended for all sessions and receptions. Please bring a sweater or jacket as the temperature in meeting rooms may be cool.

## CONTINUING EDUCATION CONTACT HOURS

The TOTA education sessions, and poster presentations, have been approved for TBOTE contact hours. A total of up to 14.5 contact hours are available to those attending the 2-day conference in person. Additional CE hours are available on-demand. Credit hours will only be awarded to those on-demand educational and poster sessions viewed in their entirety; TOTA does not offer partial credit. Complete info about claiming credits will be provided in the conference App.

## ACCOMMODATIONS

We want to provide the best learning experience for everyone. Should you require any accommodation to fully participate in this conference, please email [kami@tota.org](mailto:kami@tota.org)



[CLICK HERE TO VIEW THE ATTENDEE USER GUIDE](#)

## CONFIRMATIONS/REFUNDS

Registration confirmation and payment receipts are e-mailed to the attendee. All cancellations for courses, workshops, and conferences must be made in writing to the TOTA Executive Office prior to October 21, 2022; a 10% handling fee will be charged. Refunds will not be issued after October 21, 2022, or for "no-shows." Substitutions are accepted with a written notice provided that the replacement meets the same registration fee criteria. If an additional fee structure applies to the substitute registrant, all additional fees must be paid at the time the substitution is made. Partial refunds will not be granted. TOTA reserves the right to cancel seminars due to unforeseen/unavoidable circumstances at any time. TOTA is not responsible for nonrefundable airline and hotel reservations that a participant incurred due to cancellation. All complaints relative to the content, instructor, facilities, and registration procedures are to be directed to the TOTA executive office: 2323 Clear Lake City Blvd. Suite 180-197. Houston. Texas. 77062

TOTA reserves the right to use any photograph/video taken at any event sponsored or co-sponsored by TOTA, without the expressed written permission of those included within the photograph/video. TOTA may use the photograph/video in publications or other media material produced, used, or contracted by

TOTA includes but is not limited to brochures, invitations, books, newspapers, magazines, television, websites, etc. No person or organization may use, copy, alter or modify TOTA photographs, graphics, videography, or other, similar reproductions or recordings without the advance written permission of an authorized designee from TOTA.

## TRAVEL - RIDE SHARE ON THE WHOVA APP

**Use the whova app ride sharing feature to save money.**

[CLICK HERE FOR WHOVA APP USER GUIDE](#)

**The Ride Sharing feature**, allows you to connect before the event and coordinate their arrivals. Find others flying in to the airport at the same time, or leaving from the same town.

**A chance to network.** Don't arrive to the conference alone. Consider riding together, get to know other OT practitioners and students. Who knows – your new mentor or business partner could be in that ride share!

**A cost-efficient journey.** Sharing a ride with fellow attendees will not only be enjoyable but also cost-efficient.



# Special Events

## FRIDAY, NOVEMBER 11

**FRIDAY – 8:00 AM – 6:00 PM**

**Course 101 Orthosis Fabrication for the Rehabilitation Clinician - NOTE: Separate registration and fee.**

**FRIDAY – 11:00 AM – 4:00 PM**

**Exhibit Hall Open**

**FRIDAY – 12:00 PM - 1:00 PM**

**Lunch in the Exhibit hall**

**FRIDAY – 3:00 PM - 4:00 PM**

**Refreshment Break in the Exhibit hall**

**FRIDAY – 6:00PM - 7:30 PM**

**2022 Business Meeting / Awards Presentation**

## WILL YOU BE OUR NEXT WINNER?

Sophia Staruotti was the door prize winner of a conference registration at the 2021 Business Meeting.

### **BUSINESS MEETING AGENDA:**

- Welcoming Remarks
- Introduction of Board Members
  - State Board Members
  - District Chairs and Boards
  - 2022 TOTA Annual Conference Committee
- Quorum consists of the number of voting persons present at this meeting
- Adoption of Rules of the Day
- Adoption of the Agenda
- Adoption of 2021 Minutes
- Appointment of 2022 Minutes Review Committee
- Verbal Highlights of the following Reports
  - President
  - Treasurer
  - Executive Director
- New Business (Any items of business arising from the floor shall be referred to the Board for action.)
- Report of Nominating Committee for 2022 election and Call for 2022 Candidates
- Swearing in of New Officers
- Annual Awards Announcement
- Drawing Winners and Closing Comments
- Adjournment of Annual Business Meeting

## SATURDAY, NOVEMBER 12

**SATURDAY – 8:00 AM – 9:45 PM**

**Student and 1st Year Practitioner Event**

**SATURDAY – 11:00 AM -4:00 PM**

**Exhibit Hall Open**

**SATURDAY – 11:00 AM – 12:00 PM**

**Keynote Speaker**

**Claudette Fette, PhD, OTR**

*Clinical Professor, Occupational Therapy, TWU*



After her oldest son, Aaron, crashed through all the available systems in Texas and landed on the streets at 15 years old, Claudette was looking for a discipline that focused less on diagnoses and more on how you live life anyway. She found occupational therapy and has worked in mental health her entire career. She has been an occupational therapist

for 25 years, working in an acute psychiatric hospital, homeless shelter, school-based practice, and a variety of community settings. She is currently a clinical professor at Texas Woman's University. She is an active advocate both in family-to-family circles and in promoting best

practices including occupational therapy in children's as well as adult mental health systems. She sits on several advisories including those for the National Family Support Technical Assistance Center, the National Advancing School Mental Health Conference, and the Federation of Families-Texas. She also participates in the National Coordinating Committee on School Health and Safety, the OT ESSA network, AOTA's School Mental Health Network, and is just off her term as the Advocacy and Policy Director for AOTA's MHSIS. She brings her students with her to work in mental health across the Denton community, including routine work in an ongoing partnership with peers at Denton's homeless shelter, and in work with women with SMI and/or ID transitioning out of the prison system. Her oldest son died in 2017 but had started a book about his experiences. She is finishing that work with her voice and applying opportunities missed for evidence-based practice across his lifespan. She has begun collecting resources on his website and has a blog there at [www.aaron-voices.com](http://www.aaron-voices.com)

**SATURDAY – 12:00 PM - 1:00 PM**

**Lunch in the Exhibit hall**

**SATURDAY – 1:00 PM - 3:00 PM**

**OTA Forum**

**SATURDAY – 3:00 PM - 4:00 PM**

**Refreshment Break in the Exhibit hall**

**SATURDAY – 6:00 PM**

**Conference Ends - SEE YOU NEXT YEAR IN HOUSTON!**

< REGISTER NOW >



# ORTHOSIS FABRICATION WORKSHOP

In collaboration with TOTA

NOV 11, 2022 8A-6P

**LOCATION:**  
Embassy Suites by Hilton Denton  
Convention Center

**REGISTRATION  
OPENS  
SEPTEMBER 9TH**

**PRICE:**  
TSHT Members  
\$230  
Non-Members  
\$265

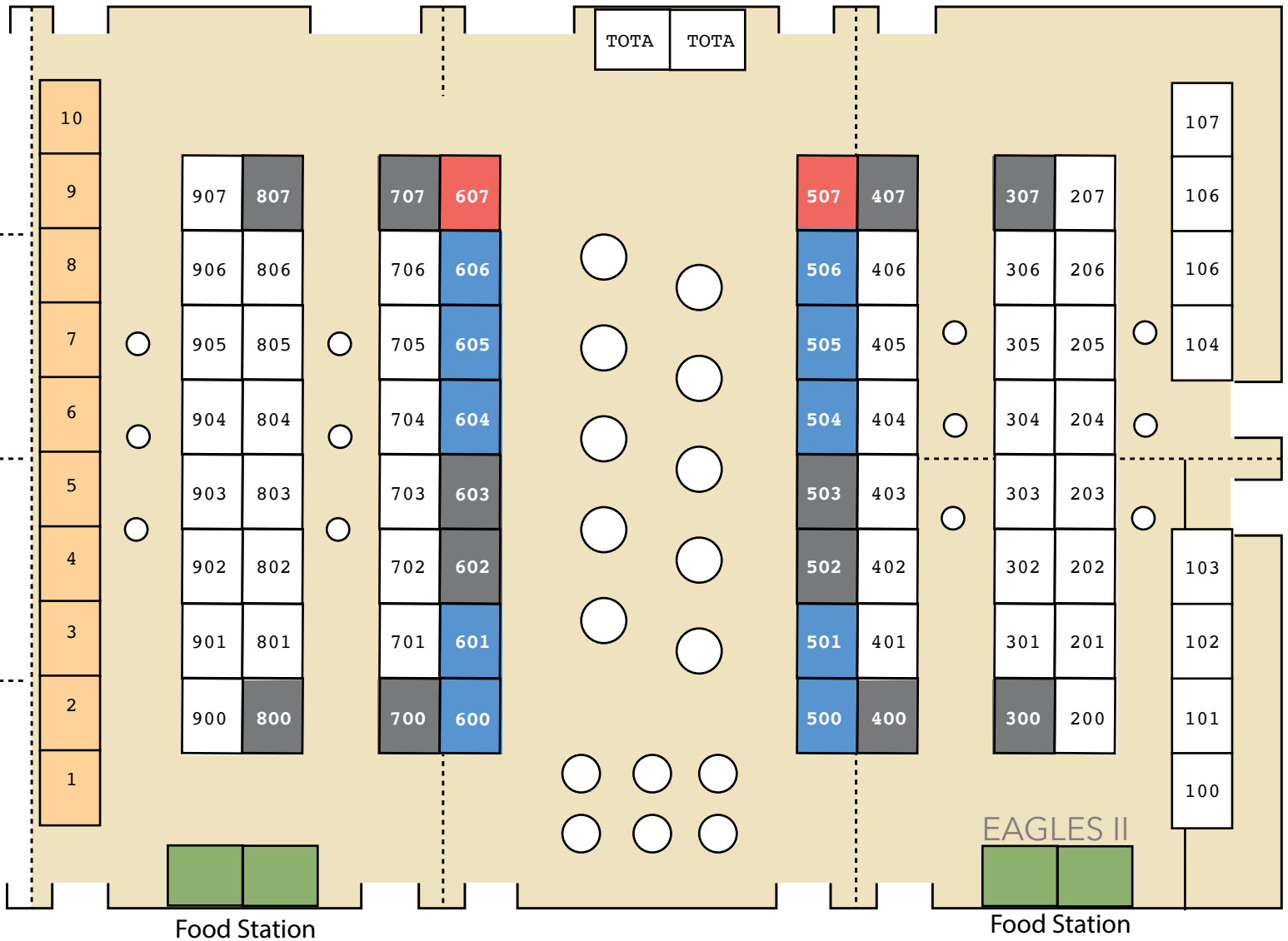
# Exhibitor Floorplan

LIMITED NUMBER OF BOOTHS STILL AVAILABLE - RESERVE NOW BEFORE THEY'RE GONE! [CLICK HERE >](#)

KINCAID

CHILTON

EAGLES I



**PLATINUM SPONSORS**  
**RiverKids Pediatric Home Health Therapy 2000**

**SILVER SPONSORS**

**Baylor University**  
**Child Care Therapy**  
**Kids Care Home Health**  
**MOST/DFT**  
**Texas Women's University**  
**University of St. Augustine for Health Sciences**  
**University of the Incarnate Word**

**TEXAS STAR SPONSORS**

**Angels of Care**  
**Aveanna Home Health**  
**H2 Health**  
**MedCare**  
**MGA Homecare**  
**MHMR Tarrant**  
**Sage Care Therapy Services**  
**Specialized Assessment and Consulting**

**ADDITIONAL EXHIBITORS**

Anchor Pediatric Therapy	Building Therapy Leaders	NBCOT	Texas Technology Access Program
At Home Healthcare	Evidence In Motion	Neuro Rehab VR	The Genesis Group
Be An Angel	Early Childhood Intervention Services	Preston Wood Pediatrics	TMC
Circle of Care Pediatric Therapy Services	Kendra Scott	Rehab Synergies	UT Tyler
Cole Health	Killeen ISD	Reliable Medical	WPS
	Med Travelers	Super Duper Publications	



**JOIN US!**



**Intended Audience:  
Students and First-Year Practitioners**

## STUDENT EVENT What's Next? A Student and First-Year Practitioner Seminar

**Saturday, November 12  
8:00-9:45 AM**

This seminar is designed for students and first-year practitioners to learn from six occupational therapy practitioners. Their presentations aim to better equip and empower the participants for "what's next" as they transition from fieldwork, capstone, graduation, and to the practitioner.

**Each presenter will cover:**

- What does a typical workday in this role look like for you?
- How can students and first-year practitioners get more involved in this area?
- What are the main resources you recommend in this setting (e.g., books, assessments, etc.)?

Speakers	Topic
Michelle Atanu, OTR	Entrepreneurship and Pediatric Practice
John Luna, OTR, OTD	Leadership and Advocacy
Clarissa Medrano, OTR, MOT	Mental Health and Behavioral Health Ad Hoc Committee Initiatives
Dulce Paredes, COTA	First Year Experiences
Layman Darnell Miller, COTA	Academia Practice and the Fieldwork Educator Role
Carrie Seimers, OTR, MS, BCPR	Acute Care Practice and Acute Care Fellowships

**STATE STUDENT REPS SERVE AS THIS EVENT'S HOSTS:**

**Katrina Herrera, State Student OT Rep and Yvette Jimenez, State Student OTA Student Rep**

JOIN US AS WE RECOGNIZE EXCELLENCE

# PRESENTING OUR NOMINEES

**NOMINATIONS HAVE CLOSED**

Awards are presented during the TOTA Annual Conference

**The award winners will be officially announced immediately following the business meeting on Friday Nov. 11th at 6:30 PM.**

## And the 2022 Nominees are:

### **Occupational Therapist of the Year**

Lynda Jennings, OTR, RAC-CT, CDP  
Riqiea Kitchens, PhD, OTR, BCPR, CSRS

### **Occupational Therapy Assistant of the Year**

Vicki Lee Thomas, COTA

### **Roster of Merit**

William Sit, PhD, OTR  
Terra Ruppert, PhD, OTR  
Patricia Tully, OTR, ATP

### **Distinguished Service Award**

No nominations received

### **Letter of Appreciation**

Esther Bell, MA, OTR, FAOTA  
Jaclyn F Low, OTR, PhD (Ret)

### **Award for Clinical Excellence**

Gloria A. Brown, OTR, MS, CHT

### **Clinical Educator of the Year Award**

Purnananda Kar, OTR, CLT  
Matt Wymore, OTD, OTR, CHT, COMT

### **Honorary Life Membership**

Mary Leary Hennigan, OTR, MBA  
Terri Powers, OTR

### **OTA/OT Collaboration Award**

No nominations received

### **Interdisciplinary Team Award**

Brandi Carlisle, OTR

### **Academic Educator of the Year**

William Roberts, PhD, OTR  
Stephanie Sellers, OTR  
Roel Garcia, OTR, OTD, ATP  
Jennifer Martin, OTD OTR CHT CLT  
Alicia Lohmann, OTD, OTR, CBIS

### **Student Leadership Award**

Regina Gentry  
Kiyatta Freeman  
Marcelo Pena

### **Horizon Award**

Brittney Burton, OTR, MOT, CSRS  
Sue Ram, OTD, OTR

## TOTA 2022 Service Recognition Recipients

### **State Board**

Elizabeth Holland, COTA –  
*Membership Committee Chair*  
Brittney Burton, OTR,  
*MOT – Social Media Adhoc  
Committee Chair*  
Susan Nickelson, OTR, PhD –  
*Education Committee Chair*

### **Alamo South**

Jennifer Sanchez Morales,  
OTR, OTD – *State OT  
Student Rep*

### **Capital Centex**

Giuli Krug, OTR, PhD, CLA –  
*District Chair*  
Megan Frazier, OTR, MOT,  
DRS – *District Secretary*  
Carol Zaricor, OTD, OTR,  
C/NDT – *Vice Chair*  
Kimberly Evatt, OTR, MOT,  
OTD – *Treasurer*

### **Great Plains West District**

Mathew Wymore, OTD, OTR,  
CHT, COMT – *District Chair*  
Chris Lasek, OTR – *Treasurer*  
Megan Taylor, OTD, OTR, CLT –  
*Education Committee Chair*  
Jarrod Maddox, OTR, CHT –  
*Education Committee Chair*  
Ye Re Yoon – *Texas Tech Rep*  
Rondie Rueckert –  
*Student Rep ACU*  
Rebecca Crossland,  
OTR, MOT – *Membership  
Committee Chair*

### **Gulf Coast East**

Sue Ram, OTR, OTD –  
*Development  
Committee Chair*  
Dulce Parades, COTA –  
*State OTA Student Rep*

### **Trinity North**

Emilie Klingman, OTR, MOT –  
*District Vice Chair*  
Alissa Young, OTR, MOT –  
*District Secretary*

### **Rio Grande District**

Ursel Lovett, OTR, MOT –  
*Treasurer*

### **TOTA 2022 Awards and Recognition Committee**

Reggie Campbell - Chair

Angela Duell  
Purnananda Kar

Kathy Lawson  
Judy Skarbek

Helen Wan

# Educational Sessions

Register for classes early through the Whova app to secure your seat.

## FRIDAY, NOV. 11



**COURSE  
#101**  
\$230 TSHT  
Members  
\$265 Non-TSHT  
Members

**YOU'VE ASKED FOR IT,  
NOW IT'S HERE!**

## SPECIAL TSHT WORKSHOP FOR TOTA CONFERENCE ATTENDEES

[CLICK HERE TO REGISTER>](#)

Limited to 30 participants.

**101 Friday, 8:00 AM - 6:00 PM**  
**Orthosis Fabrication for the  
Rehabilitation Clinician**

*Sharon Guebert, OT*  
Course Length: 7.75 hours

**NOTE: Additional workshop fee of  
\$230 for TSHT members and  
\$265 for non-TSHT members**

This course is designed for clinicians with beginner or entry-level orthosis fabrication skills who wish to better explain the principles of static orthosis fabrication as well as develop their comfort and technical ability to fabricate custom static orthoses.

**102 Friday, 8:00 AM - 9:45 AM**  
**The ABCs of Section GG Coding**  
*Lynda Jennings, OTR, RAC-CT, CDP*  
Course Length: 1.75 hours

This short course will provide the clinician with best practices and resources for effectively coding section GG (Functional Abilities and Goals) as well as, improve the attendee's understanding of how coding accuracy impacts reimbursement and outcomes.

**103 Friday, 8:00 AM - 9:45 AM**  
**Journey Forward with the  
Model of Creative Ability and  
Occupational Adaptation**

*Joseph Noack, Ph.D., OT*  
*Mary Frances Baxter, Ph.D., OT, FAOTA*  
*Elizabeth Libson, DOT, OTR*  
Course Length: 1.75 hours

This session presents a scholarly journey comparing the Model of Creative Ability from South Africa with OA. Similarities in model assumptions, vocabulary, cultural implications, and revision will be discussed. The use of MoCA to guide treatment for youth with mental health trauma will be presented.

**104 Friday, 8:00 AM - 9:45 AM**  
**Managing Challenging Behaviors  
for Persons with Dementia:  
A Non-Pharmacological Approach**  
*Diane Dismukes, OTR*  
*Lindsay Larkin, MS CCC-SLP*  
Course Length: 1.75 hours

Non-Pharmacological approaches can be both effective and practical to implement along with the Interprofessional team to reduce the behavioral and psychological symptoms of the distress exhibited by persons with dementia.

**105 Friday, 10:00 AM - 12:00 PM**  
**Period Poverty and How OTPs Can  
Work to Raise Awareness of It**  
*Melissa Morgan PhD MA COTA*  
Course Length: 2.0 hours

Period Poverty can be defined as not having access, either financially or contextually, to feminine hygiene products for period protection. This presentation will define and address period poverty from an occupation-based perspective

**106 Friday, 8:00 AM - 9:45 AM**  
**Research Forum**  
**Neonatal Therapists'  
Perceptions of Using  
Integrative Collaborative Care**  
*Sarah Elkington, OTR, CNT*  
Course Length: 20 min.

A qualitative multi-case research study explored neonatal therapists' perceptions of using integrated collaborative care (ICC) in neonatal intensive care units in the United States. Results are a novel description of neonatal therapy and may contribute to improved ICC models and patient outcomes.

**106 Friday, 8:00 AM - 9:45 AM**  
**Research Forum**  
**Exploration of Occupational  
Therapists' Clinical Reasoning  
After MOHO Training**  
*Cindi Tiongco, Ph.D., OTR*  
Course Length: 20 min.

Presents the results of a qualitative study examining the clinical reasoning of occupational therapy practitioners prior to and after a site-specific MOHO training. Analysis of OT documentation content and participant feedback revealed themes related to documentation and clinical reasoning.

**106 Friday, 8:00 AM - 9:45 AM**  
**Research Forum**  
**Lived Experience of Autistic  
Individuals Who Have Received  
Applied Behavior Analysis (ABA)**  
*Laryn Kropik*  
Course Length: 20 min.

This qualitative study used structured interviews to examine autistic adult's perceptions of Applied Behavior Analysis (ABA) therapy as an intervention, their perceived outcomes of ABA therapy, and the personal impact of ABA therapy on them.

**107 Friday, 1:00 PM - 3:00 PM,  
Break - 4:00 PM - 6:00 PM**  
**How to Embark On a Recovery  
Journey: Using OT to Support  
Mental Health Recovery.**  
*Amy Honeck, OTR*  
Course Length: 4.0 hours

The Recovery Model is a mental health approach that OTs can use to partner with patients, tap into strengths, and overcome barriers. Attendees will learn how to apply concepts of recovery and recovery-oriented language to support patients in their mental health journeys.

**108 Friday, 8:00 AM - 9:45 AM**  
**Participation-Based  
Assessment for School-based  
Occupational Therapists**  
*Amy L. Collins, MOT, OTR*  
Course Length: 1.75 hours

Journey with us as we focus on helping students participate at school through the use of a participation-based assessment process. The course will include the rationale and components of this process and explore the use of



# Educational Sessions

Register for classes early through the Whova app to secure your seat.

professional reasoning to develop sound recommendations and collaborative outcome statements.

## **110** Friday, 4:00 PM - 6:00 PM **Multigenerational Collaboration: Let's Get Together!**

*Susan Blair OTD, OTR, BCPR, BCG, CDCS*  
Course Length: 2.0 hours

Today's multigenerational environments can be difficult to navigate for faculty and clinical practitioners who interact with three or four generations in the workplace or academic setting. It requires a strong understanding of how each generation approaches learning and communication.

## **111** Friday, 1:00 PM - 3:00 PM **Pain Management Hacks: Novel Ways to Relieve Pain and Facilitate Participation**

*Margarette Shelton, OTR, Ph.D., LMT*  
Course Length: 2.0 hours

How do clinicians help patients achieve their goals when they report pain that prevents them from participating in therapy? This hands-on course presents techniques that reduce pain more quickly than pain medications and that can be taught to patients as part of a pain management program.

## **112** Friday, 10:00 AM - 12:00 PM **3D Printing in Occupational Therapy and Visual Arts**

*William Sit, PhD, OTR*  
*Colby Parsons*

Course Length: 2.0 hours

An overview of 3D printing in OT education collaborating with the School of Arts and design, and clinical practice for students, through student projects. The future of 3D printing and tips for clinicians getting started are included in the course.

## **113** Friday, 10:00 AM - 12:00 PM **Observations in Outpatient: Looking and Listening to Outpatients**

*Michael Browne OTR, CHT*  
Course Length: 2.0 hours

On our Journey forward, learn how to slow down and look at your patients, and document the things you're seeing. This course will cover: what to observe, how to document it, and when you might be missing something that could make a difference for your patients.

## **114** Friday, 10:00 AM - 12:00 PM **Zara Harris MSOT, OTR, SROT, RCOT** **ADHD-Not Just in Kids! A Lifelong Look at ADHD Seen in All Areas of Practice**

Course Length: 2.0 hours

Most children with ADHD grow to be adults with ADHD. Unless treated, they have occupational performance issues that adversely affect all aspects of quality of life and longevity. Current science and screening tools are explored to help OTs identify ADHD behind their clients' presenting issues.

## **115** Friday, 10:00 AM - 12:00 PM **Creating an "Intra" Professional Learning JOURney for OT and OTA Students**

*Gloria Jeffery OTR, AFWC*  
*Julie Hebert, OTD, OTR, AFWC*  
*Justine Faghihifar, OTD, OTR*  
Course Length: 2.0 hours

Attendees will gain information and insight regarding organizing, facilitation, and partnership building with community organizations while building "intra" professional experiences for students in OT and COTA programs providing opportunities for role and skill-building knowledge and practice.

## **116** Friday, 10:00 AM - 12:00 PM **Procedural vs Prospective Memory: Which for What Outcome?**

*Kathlyn L. Reed Ph.D., OTR, FAOTA, MLIS*  
Course Length: 2.0 hours

Two memory types are described: procedural memory (motor skills) and prospective memory (future-oriented) which emphasis on assessment, intervention technique, and expected outcomes for different neurological and behavioral disorders.

## **117** Friday, 10:00 AM - 12:00 PM **Health Management for Educators and Clinicians**

*Laura Alexander, OTR, CLT*  
Course Length: 2.0 hours

OTPs have addressed 8 occupations until OTPF-4 added health management as the 9th. Complexity in health management requires education for clinicians and educators regarding nutrition/symptom management and clear guidance on using exercise/strength/endurance training with occupational focus.

## **118** Friday, 1:00 PM - 3:00 PM **Learning and Teaching Pain Neuroscience Education**

*Timothy Tu, DSc, MEd, OTR*  
Course Length: 2.0 hours

Recent research on pain neuroscience education (PNE) highlights promising implications for occupational therapy. Utilizing this biopsychosocial approach can help clients better understand pain and thus improve occupational performance. This presentation focuses on learning and teaching PNE.

## **119** Friday, 1:00 PM - 3:00 PM **(break) 4:00 PM - 6:00 PM** **Administration & Scoring, of the Performance Assessment of Self-Care Skills**

*Ricky Joseph Ph.D. MA-HRM OTR*  
*Kathryn Hiles BS OTD-Student*  
*Elise N. Gray, OTD-Student*  
Course Length: 4.0 hours

This furthers the TOTA's effort to equip Texas OTs with the ability to administer and score evidence-based functional assessments. The PASS gives OTs a holistic picture of the client's ability to live independently and safely in their environment by assessing performance in various ADLs and IADLs.

## **120** Friday, 1:00 PM - 3:00 PM **Teaching Self-Regulation Skills for Youth Surviving Complex Developmental Trauma**

*Elizabeth Valera, OTD, OTR*  
*Chelsea Whatley, OTR, C/NDT*  
Course Length: 2.0 hours

Youth surviving complex developmental trauma (CDT) are at high risk for negative outcomes. Resilience is a key factor in coping when faced with stress, change, or negative life events. These youth need healthy self-regulation (SR) skills to improve their resilience now and throughout their lifespan.

## **121** Friday, 1:00 PM - 3:00 PM **Journey Toward "All Means All"- OT in Supporting Students with Extensive Support Needs**

*Savitha Sundar, OTR*  
Course Length: 2.0 hours

School-based OTs play a key role in inclusive education. The full professional scope of OT can be invaluable for inclusive education for ALL when we shift focus from addressing discrete areas of need for students with disabilities, to finding opportunities for participation in general education.

# Educational Sessions

Register for classes early through the Whova app to secure your seat.

**122** Friday, 1:00 PM - 3:00 PM  
**Successful Level II Fieldwork Remediation: Our Journey Forward**  
*Patricia L Palomar, OTD, OTR, ATAC*  
Course Length: 2.0 hours

The journey from an occupational therapy student to a clinician hinges on completing Level II fieldwork rotations. This workshop will utilize research and experiences to help us evaluate the common reasons for fieldwork dismissal and create strategies for successful student remediation.

**123** Friday, 1:00 PM - 3:00 PM  
**TOTA State Advocacy Efforts and Updates**  
*John S. Luna, OTR, OTD*  
*Denise Rose J.D. & Kate Goodrich J.D.*  
*Eva Anger OTR, OTD*  
Course Length: 2.0 hours

Want to get involved in the future of your profession today? TOTA's legislative team will provide information and resources to integrate into occupational therapy practitioners' daily routine to facilitate their participation in the advocacy efforts in the State of Texas and beyond.

**124** Friday, 4:00 PM - 6:00 PM  
**Creating an Inclusive Environment for the LGBTQ+ Community**  
*Camille Ko, OTD, OTR, CBIS, LSVT BIG*  
*Jennifer Martin, OTD, OTR, CHT, CLT*  
Course Length: 2.0 hours

Research indicates that the LGBTQ+ community faces many barriers to quality healthcare including a lack of awareness among healthcare providers. This presentation provides education on topics related to the LGBTQ+ community to promote client-centered practice and create a welcoming environment.

**125** Friday, November 11, 2022  
Time: 4:00 PM - 6:00 PM  
**A Road Map from Clinician to Academia**  
*Celina Casas, OTR, OTD*  
Course Length: 2.0 hours

OT practitioners assume various roles throughout their OT careers, often discovering a passion for educating others. As clinicians transition to academia, multiple skills and knowledge are required to ease the transition. This course provides a guide for new faculty to become competent in academia.

**126** Friday, 4:00 PM - 6:00 PM  
**Your National OTR or COTA Credential: What It Means for You**  
*Barbara Williams, DrOT, MS, OTR*  
*Shaun Conway, OTR*  
Course Length: 2.0 hours

This presentation will provide an update on NBCOT certification programs and services including initial certification, certification renewal and continuing competency, partnerships with OT State Regulatory entities, and qualifications and compliance review.

**127** Friday, 4:00 PM - 6:00 PM  
**The Treatment and Management of Sleep Dysfunction: An Education Course for OT**  
*Hayley Shank -Student*  
Course Length: 2.0 hours

An education course on the assessment, treatment, and management of sleep dysfunction from an OT perspective. The course will include assessments and measurement tools as well as non-pharmacological sleep interventions by setting and population that are within OT practitioners' scope of practice.

**128** Friday, 8:00 AM - 9:45 AM, break - 10:00 am -12:00 pm  
**Developing Multisession Holistic Curriculum for Group Services**  
*Amy Honeck, OTR*  
Course Length: 3.75 hours

Attendees will learn how to use research and resources to create sound evidence-based curricula and activities for OT groups. Participants will share final products and will leave with at least one multisession curriculum. Please bring a laptop or tablet if able.

**129** Friday, 8:00 AM - 9:45 AM  
**Coaching Critical Moments - An Occupation-Based Coaching Course**  
*Katherine Eglin, OTD*  
*Angela Labrie Blackwell, Ph.D., OTR*  
Course Length: 1.75 hours

This course is a seminar and an interactive clinic to educate current and future OT practitioners on occupation-based coaching (OBC) and how to implement it into practice. It is designed to spread awareness and application of OBC in OT through education and training components in a short course.

## SATURDAY, NOV. 12

**201** Saturday, 8:00 AM - 9:45 AM  
**Quality of Life is Medically Necessary**  
*Constance Welcome, MOT, OT*  
Course Length: 1.75 hours

This course will identify contributing factors to quality of life (QOL) for residents in post-acute care settings. We will discuss the multifaceted process of assessing QOL, review standardized assessments to quantify progress, and highlight the role of occupational therapy in facilitating success.

**202** Saturday, 8:00 AM - 9:45 AM  
**Beyond the Protocol: Treating UL Amputees**  
*Amy Todd, MS, OTR, CHT*  
*Kelly Dunbar, MS, OTR, CHT*  
Course Length: 1.75 hours

This course will guide therapists how to further develop their treatment plans for UL amputees with a holistic focus on return to participation versus just learning how to use the prosthesis in different tasks. Current evidence based protocols will be reviewed.

**203** Saturday, 8:00 AM - 9:45 AM  
**Therapy Together: CIMT Program for Young Children with Unilateral Cerebral Palsy**  
*Briana Arellano*  
*Lindsay Miles*  
*Angela Shierk, OTR, PhD*  
Course Length: 1.75 hours

Therapy Together is a constraint-induced movement therapy (CIMT) program developed for young children with unilateral cerebral palsy using a coaching model to train caregivers to implement CIMT in the home environment. The evidence for CIMT and implementation of Therapy Together will be presented.

SHARE YOUR  
CONFERENCE PHOTOS:

#JOURneyForward  
#TOTA2022

# Educational Sessions

Register for classes early to secure your seat.

**204 Saturday, 8:00 AM - 9:45 AM**  
**Aging in Place with Diabetes: OT's Role in Effective Chronic Diabetes Disease Management?**

*Diane Dismukes, OTR*

*Course Length: 1.75 hours*

The role OT practitioners have in the interprofessional team that addresses health literacy and diabetes self-management and can positively impact the trajectory of the individual with chronic diseases such as diabetes will be explored to improve quality of life and safely live in place.

**205 Saturday, 8:00 AM - 9:45 AM**  
**Drop that Pencil! Fine Motor Activities for the Early Childhood Elementary Classroom**

*Poe Prochaska, OTD, OTR*

*Brittney Chappell, OTR*

*Kristen Caldwell, OTR*

*Course Length: 1.75 hours*

This presentation will focus on incorporating fine motor coordination into early childhood and elementary classrooms, the imperative and essential collaboration between OT staff and education staff, and the link between fine motor coordination and academic success.

**206 Saturday, 1:00 PM - 3:00 PM**  
**Transition to Adulthood: A Social & Mental Health Approach In A Time of COVID**

*Anna Morgan, OTR*

*Kate Lundgren, OTD, MBA*

*Gloria Jeffery, OTR*

*Course Length: 2.0 hours*

The COVID pandemic changed our approach to social thinking & mental health. For young adults with autism & other related disabilities, new challenges arose in navigating social & mental health. Explore how OT can meet the social & mental health needs of these young adults in an ever-changing world.

**207 Saturday, 8:00 AM - 9:45 AM**  
**Lateral Epicondylitis: Current Treatment Patterns that Maximize Function**

*Michelle Saksa, OTD, OTR, CHT, GTS*

*Course Length: 1.75 hours*

The purpose of this course is to present the hand therapist's role in current treatment trends/patterns in the conservative treatment of lateral epicondylitis (tennis elbow).

**208 Saturday, 8:00 AM - 9:45 AM**  
**Spirituality: A Framework for OTs to Promote Healing, Health, and Quality of Life**

*Karen Aranha, PhD, OT*

*Elizabeth DeLuca, OTD, OTR*

*Allison Penna, MOT, OTR*

*Course Length: 1.75 hours*

This workshop seeks to provide a universal framework to understand spirituality that recognizes a diversity of values and beliefs of various individuals and cultures seen across the globe applied to holistic OT practice.

**209 Saturday, 11:00 AM - 12:00 PM**  
*Course Length: 1.0 hour*  
**Keynote Address**

*Claudette Fette, Ph.D., OTR, CRC*

**210 Saturday, 1:00 PM-3:00 PM**  
**Journey into 3D Customization: Creativity is Contagious**

*Shannon Paige, M.A., CCC-SLP*

*Brian Heiman 3D Solutions Specialist*

*Course Length: 2.0 hours*

An introduction to 3D printing and its use to create customized AT tools for people with disabilities. Participants will gain an understanding of 3D print processes, materials, terminology, considerations, and where to go for open-source resources to support professional decisions on this journey.

**211 Saturday, 1:00 PM - 3:00 PM (break) 4:00 pm -6:00 pm**  
**Strengths-Based Treatment Planning: A Journey Toward Neurodiversity-Affirming Practice**

*Normandy Rindahl, OT, MOT, OTD*

*Course Length: 4.0 hours*

This course will cover the history and trajectory of neurodiversity research, the application of a strengths-based approach, and the importance of listening to autistic advocates. Participants will practice applying a strengths-based approach at each step of the evaluation and treatment process.

**212 Saturday, 1:00 pm - 3:00 pm (break) 4:00 pm -6:00 pm**  
**Enhancing Occupational Engagement for Persons with Neurocognitive Disorders**

*Course Length: 4.0 hours*

*Molly Setliff, OTR, OTD*

*Laurie Stelter, OTR, PhD*

This presentation will offer practical ways of providing evidence-based interventions to enhance occupational engagement for persons with neurocognitive disorders to decrease challenging behaviors, thus increasing their quality of life.

**213 Saturday, 1:00 PM - 3:00 PM**  
**Using a Sensory Adapted Dental Environment to Improve Oral Hygiene in Those With IDD/DD**

*Dina Warren, OTR, MA*

*Pamela Acevedo, RDH*

*Course Length: 2.0 hours*

Persons with IDD often have poor oral hygiene. OTs are uniquely positioned to enhance environments using various sensory supports by working collaboratively with dental providers. We will share how using a sensory-adapted dental environment can help improve oral health within the IDD population.

**215 Saturday, 1:00 PM - 3:00 PM**  
**Fundamentals of Non-Traditional Fieldwork Objectives**

*Lizett M. Guevara, OTD, OTR*

*Cynthia E. Cantu*

*Course Length: 2.0 hours*

Academic Fieldwork Coordinators are responsible for coordinating the fieldwork (FW) experience to ensure transition from coursework to clinicals. Fieldwork shortages continue to be exacerbated due to COVID. This presentation aims to inform AFWC in creating objectives for a non-traditional rotation.

[CLICK HERE TO VIEW OUR SPEAKER CENTER IN THE WHOVA APP](#)



# Educational Sessions

Register for classes early to secure your seat.

**216 Saturday, 1:00 PM - 3:00 PM**  
**Is There Room for 3D Printing in OT Curriculum and Practice?**

*Cecilia Fierro, OTD, OTR*  
Course Length: 2.0 hours

This course will provide educators with information on the impact of using 3D printing in OT courses and some of the potential benefits of incorporating it into the curriculum and how 3D printing can be used in the clinic.

**217 Saturday, 4:00 PM - 6:00 PM**  
**Occupational Therapy for Cancer Survivors**

*Ashley Welch, MOT, OTR*  
Course Length: 2.0 hours

This course serves to educate occupational therapy practitioners on the unique role of occupational therapy for cancer survivors from diagnosis through survivorship.

**218 Saturday, 4:00 PM - 6:00 PM**  
**Facilitation of OT/OTA Collaboration Between Two Academic Programs.**

*Supriya Sen, OTD, MS, OTR*  
*Angela Shepherd, COTA, MEd*  
Course Length: 2.0 hours

This presentation highlights the process in which two academic programs facilitated the intraprofessional experience to foster an understanding of the roles and responsibilities of the OT and OTA and lay a foundation for a mutually collaborative work environment.

**219 Saturday, 1:00 PM - 3:00 PM**  
**OTA Forum**

*Layman Miller, COTA, MBA*  
*Vicki Thomas, COTA*  
*Tiffany Pfluger, COTA*  
Course Length: 2.0 hours

This two-hour workshop will address three topics that have been identified by Occupational Therapy Assistants as areas of interest or concern in their professional development. 1. OTA Empowerment 2. OTA Mentoring 3. Specialty Certifications for the OTA.

**220 Saturday, 4:00 PM - 6:00 PM**  
**The Journey to Becoming an Effective Fieldwork Educator**

*Megan Taylor, OTR, OTD, CLT*  
*Tamara Traber, OTR, OTD, CLVT*  
Course Length: 2.0 hours

This presentation is designed to assist practitioners in developing competency as fieldwork educators. Topics will include communication styles, learning theories, supervision models, the online Fieldwork Performance Evaluation tool, and the role of the academic fieldwork coordinator.

**221 Saturday, 10:00 AM - 10:55 AM**  
**NBCOT® National Certification Exam: Information**

**You Need to Know Success**  
*Barbara Williams, DrOT, MS, OTR*  
*Shaun Conway, OTR*  
Course Length: 55 minutes

During this session, NBCOT staff will share valuable information about preparing and applying for the national OTR and COTA certification exams. Specific topics include exclusive details about the exams, study tool resources, test day information, and data regarding exam questions.

**222 Saturday, 4:00 PM - 6:00 PM**  
**Supporting and Advancing Practice through the use of AOTA's Official Documents**

*Riqiea Kitchens, Ph.D., OTR, BCPR, CSRS*  
*Jennifer Martin, OTD, OTR, CHT, CLT*  
Course Length: 2.0 hours

AOTA's Commission on Practice promotes the quality of OT practice through official documents that advocate for the profession. Participants will have the opportunity to develop personal strategies and goals for applying these important documents to their specific practice and everyday advocacy.

SCHOLARSHIP  
APPLICATIONS MUST  
BE SUBMITTED BY  
SEPTEMBER 29, 2022.



**TOTA Endowed Scholarships 2023**

Applications open August 29th!

**REGISTER NOW**

<https://www.aotf.org/Scholarships/How-to-Apply>

Two scholarships are awarded each year, one to an entry-level occupational therapy student (MOT, MSOT, OTD) and one to an entry level occupational therapy assistant student currently enrolled in an accredited program in the state of Texas.

The poster features a blue background with a white cloud-like shape containing the application deadline. On the right, there is an illustration of a student sitting on a stack of books, reading. The text is in various fonts and colors, including white, black, and blue.



TOTA 2022 ANNUAL  
CONFERENCE

# STUDENT ORGANIZATION TABLES

LIMITED TO 10 GROUPS

## FRIDAY, NOVEMBER 11

*Set up begins no earlier than 8:30am*

**Store Hours: 11:30am – 4:00pm**

## SATURDAY, NOVEMBER 12

*Set up begins no earlier than 8:30am*

**Store Hours: 11:00am – 4:00pm**

REGISTER YOUR  
STORE HERE

**NOTE: All participants of the Student Organization Store must be registered for the TOTA Annual Conference**

**The registration form must be completed by the faculty advisor**

- Please check in at the TOTA desk in the exhibit hall.
- A table will be assigned to your school.
- Each student organization will have a skirted table and 2 chairs.
- **Please limit table attendees to 2 at a time.**
- No loud talking - you are sharing this area exhibitors.
- All students working tables must be registered for conference and wear a badge.
- All additional inventory must be stored out of sight under your table.
- Please make plans to remove or secure inventory to at the close of Friday's store hours. Exhibit Hall is not guaranteed to be totally secure.

# Poster Presentations

All poster presentations are on demand and available within the whova app through December 31, 2022

## **301 On Demand** ▶

### **OT Post-Discharge from IRF to Home: Patients' Perceptions of What Worked and What did Not**

*Course Length: .15 min*

**Muneerah Ramesh OTD MOT OTR CSRS**

This study's purpose is to understand patients' lived experiences upon being discharged from inpatient rehabilitation and their description of how OT prepared them to return home. This study was conducted during the COVID-19 pandemic.

## **302 On Demand** ▶

### **A Follow-up Study of Injury Prevention for Computer Workers: A Descriptive Study**

**Muneerah Ramesh OTD MOT OTR CSRS  
William Sit, Ph.D., OT, BCPR, CLSVT-Big,  
CSIPT, A-ONE rater**

**Jessica T. Maxwell, OTD, OTR/ACUE**

*CEAS Course Length: .15 min*

TWU-Dallas has partnered up with community partners in the Dallas area to provide neurodiverse sensory programming for equal venue participation. The portable sensory space provides a self-regulation approach on these individuals to provide a calming effect and continue their community outing.

## **303 On Demand** ▶

### **Development and Implementation of COVID-19 Policy/Procedures: An OT Led QAPI Initiative**

**Ana K. Brussa, OTD, OTR**

*Course Length: .15 min*

This poster presentation outlines how the Plan, Do, Study, Act (PDSA) (IHI, 2017) quality assurance performance improvement (QAPI) model was applied by an OT-led QAPI team to improve frontline clinical staff's utilization of COVID-19 procedures within the pediatric home health setting.

## **304 On Demand** ▶

### **Lymphedema Management: Training for the Nursing Assistant**

**Abigail Lunzalu-Leslie, OTR/OTD/CLT**

*Course Length: .15 min*

The purpose of this course will be to provide hands-on instruction for Phase II application, care and follow through of lymphedema bandages and compression garments to CNAs to promote increased compliance in nursing homes, and skilled nursing facilities of established programs.

## **305 On Demand** ▶

### **Occupational Therapy Practice Guidelines for Post-Surgical Breast Cancer Survivors**

**Shamima Sitabkhan OTR, OTD, CHT**

*Course Length: .15 min*

Breast cancer is one of the leading cancer diagnoses, and surgery is a common treatment option. Breast surgery leads to numerous challenges and complications and occupational therapy is important to address these challenges to improve functional abilities and quality of life for this population.

## **306 On Demand** ▶

### **Impact of CIMT on School Readiness in Preschool Children with Unilateral Cerebral Palsy**

**Madison Henshaw**

**Brenna Merillat**

*Course Length: .15 min*

This prospective cohort study is to compare the impact of a motor only version of Therapy Together, an 8-week group based, pediatric constraint-induced movement therapy program, to a motor plus cognition version of the program on school readiness outcomes for preschool aged children with UCP.

## **307 On Demand** ▶

### **GO MOVE (Goal Oriented Movement Opportunities in a Virtual Environment)**

**Youstina Habeeb, BS**

**Angela Shierk, PhD, OTR**

*Course Length: .15 min*

Development of GO MOVE: an open access mobile website that supports goal attainment for individuals with unilateral cerebral palsy by providing instructions on goal setting, exercise, and activity selection with demonstration, and monitor tracking.

## **308 On Demand** ▶

### **Journal Club: An Innovative Approach to Learning Neurological Concepts**

**Riqiea Kitchens, Ph.D., OTR, BCPR, CSRS**

*Course Length: .15 min*

Journal clubs share information on evidence-based techniques to inform

clinical practice. This format was applied in a neurological conditions academic course. Students critiqued relevant literature and shared their findings. This activity integrates the use of research, learning, and OT practice.

## **309 On Demand** ▶

### **Sexuality Content in an Entry-Level Occupational Therapy Curriculum: A Content Analysis**

**Victoria E. Ontiberos, OTD, MEd**

*Course Length: .15 min*

The project's purpose was to conduct a content analysis of an entry-level occupational therapy curriculum to identify content gaps regarding sexuality and to develop sexuality educational materials for faculty. Educational materials were created/modified and implemented based on analysis results.

# Whova

Pre-Recorded posters will be available on demand through Dec. 31, 2022 on the whova app.

## ALSO USE WHOVA TO:

- Network with other attendees and vendors through the "Meet ups" feature
- View speaker bio
- Submit questions to speakers
- Retrieve handouts
- Passport Game - Collect stamps each time an Exhibitor uses Lead Retrieval to scan attendee badge QR codes. Win prizes by completing your Exhibit Hall Passport!



# Poster Presentations

## 310 On Demand ▶

### Sensory Spaces on Wheels: An Innovative Model for Community Participation

*Edgar Pizarro M.S.*

*Jason Tran B.S.A.*

*Course Length: .15 min*

TWU-Dallas has partnered up with community partners in the Dallas area to provide neurodiverse sensory programming for equal venue participation. The portable sensory space provides a self-regulation approach for these individuals to provide a calming effect and continue their community outings.

## 311 On Demand ▶

### Wellness Needs for Patients in an Outpatient Therapy Center

*Abraham Aguilar, OTD*

*Course Length: .15 min*

This study aimed to perform a needs analysis that may be used later to create a sustainable wellness program for former patients at an outpatient clinic. Data collected throughout the study will assist with developing and implementing a community wellness program.

## 312 On Demand ▶

### Better Together: Community Engagement with Autism Accessibility Audits

*Ashlee Norris*

*Megan Tripp*

*Course Length: .15 min*

TWU OT students partner with neurodiverse community members to complete autism-accessibility audits at community venues. These audits assess the strengths and growth opportunities of the environment and make suggestions for potential modifications for community partners.

## 313 On Demand ▶

### Powered Mobility Effects on Movement & Sibling Interactions of Twins with Cerebral Palsy

*Kathryn Dean*

*Paige Beeney*

*Course Length: .15 min*

We conducted a case study where a ride-on car was designed and modified for twins diagnosed with Cerebral Palsy (CP) and the effects of the assistive device on mobility and sibling interactions on a set of twins.

## 314 On Demand ▶

### COVID Long-Haulers: Creating Personalized Energy Conservation Techniques

*Marianne Summitt OTA*

*Chasten Strahan COTA*

*Course Length: .15 min*

Our journey in acute care through the pandemic has highlighted the importance in developing and implementing energy conservation strategies and analyzing the importance of creating a personalized plan that is patient-specific for COVID long-haulers.

## 315 On Demand ▶

### Early Caregiver Training in Stroke

*Stephanie Koerner, OTR, OTD*

*Course Length: .15 min*

This presentation will outline an evidence-based, interdisciplinary caregiver training program for families of patients with stroke. It is intended to fill a clinical gap created by the current healthcare environment, aiming to improve the quality of life and health for both caregivers and survivors.

## 316 On Demand ▶

### Cognitive Reappraisal Interventions to Address Emotional Regulation in Children

*Cameron Guthman*

*Shannon Kelly*

*Course Length: .15 min*

A systematic review was conducted to analyze the effectiveness of cognitive reappraisal (CR) to address emotional regulation for children, adolescents, and teens with a variety of ages and prior diagnoses. Results show CR is effective for all ages and diagnoses.

## 317 On Demand ▶

### The Parental Experience with a Structured Group for Children with Disabilities

*Cristina Rivas*

*John S. Luna, OTR, OTD*

*Course Length: .15 min*

The purpose of this poster is to explore the parental experience with an all-disability structured group for their children with disabilities. Results will inform practitioners of resources to support child development during the intervention and discharge phases of the OT process.

## 318 On Demand ▶

### Patriot Wellness

*Hailey Odom, COTA*

*Brandie Perez, COTA*

*Course Length: .15 min*

College students' academics suffer when there is a health deficiency, yet adding healthy activities is difficult to balance along with classes and employment. This project sought out to incorporate meaningful activities into their routines to nurture their well-being while succeeding academically.

## 319 On Demand ▶

### Sensory Preference and Learning Preference Connection Trends in Children

*Jennifer Gomez, OTD*

*Course Length: .15 min*

This poster presentation discusses the emerging research in the area of sensory processing and learning. Through collecting data on sensory preferences and learning preferences, trends show that there may be a connection between these two variables, highlighting the need for awareness in this area.

## 320 On Demand ▶

### OT's Role in Reducing the Risk of Breast Cancer Related Lymphedema Prior to Diagnosis

*Lina Asfoor, OTR, OTD, CLT*

*Course Length: .15 min*

This presentation aims to identify best practices for occupational therapists in minimizing the risk of developing BCRL beyond the stage 0 level and to distinguish the role of occupational therapists in this practice.

## 321 On Demand ▶

### Daily Routines and Occupations of Adults Experiencing Homelessness

*Abril Sevilla, OTD Student*

*Shirley A. Wells, OTR, DrPH, FAOTA*

*Course Length: .15 min*

This poster explores the daily routines and occupations of adults impacted by the experience of homelessness. The role of occupational therapists in promoting engagement in meaningful and healthy occupations in the person's environment is also offered.

# Poster Presentations

## 322 On Demand ▶

### Effectiveness of Mindfulness Techniques in Adults with Chronic Pain

Jamie Wilkinson

Courtney Campbell

Course Length: .15 min

When applying mindfulness-based interventions to treat chronic pain, clients have shown to have the capability of managing their pain and having improved outcomes during therapy sessions. Mindfulness is an outcome of meditating on one's own feelings, emotions, and thoughts without using judgment.

## 323 On Demand ▶

### Perceptions of Mobility in Individuals with Parkinson's Disease

Abby Garza

Shirley A. Wells, OTR, DrPH, FAOTA

Course Length: .15 min

This poster aims to gain perspective on the lived experiences of individuals with Parkinson's Disease related to their mobility. Attendees will learn how mobility can impact occupations, the need for OT input early in the diagnosis, and how OT practitioners can be involved earlier in diagnosis.

## 324 On Demand ▶

### Health Care Transition of Youth with Autism from the Caregiver's Perspective

Melissa Mendoza

John Luna, OTR, OTD

Course Length: .15 min

The purpose is to explore the impact of adolescents transitioning into adulthood from the caregivers' perspective. Understanding caregiver challenges of adolescents transitioning to adulthood can inform occupational therapy practitioners' interventions to better prepare clients for discharge.

## 325 On Demand ▶

### Job Search Experience for Young Adults with ASD in the Rio Grande Valley

Gloria Angela Vital

Course Length: .15 min

The purpose of this poster is to explore the job search experience for high school graduates with ASD. The job search process will be generally defined as exploring perspectives, describing goals, and identifying opportunities regarding employment.

## 326 On Demand ▶

### GoBabyGo!: Providing Early Mobility Using Ride-on Toy Cars through Partnership

Cristina Martinez

Christina Bittle

Course Length: .15 min

Occupational Therapy students from UT Health San Antonio partnered with local high school students in conducting a case study to modify a ride-on toy car for a two-year-old child with cerebral palsy, providing access to early mobility to explore her environment.

## 327 On Demand ▶

### Perceptions of Middle-Aged Cerebral Palsy Adults on Leisure Participation

Tina Sierra- OTS

Thelma Ochoa - OTD, OT, C/NDT

Course Length: .15 min

The purpose of this presentation is to explore the perceptions of leisure participation in middle-aged adults with CP, how leisure has changed throughout adulthood, the unmet needs for leisure participation, and the implication for occupational therapy practitioners working with this population.

## TOTAPAC NEEDS YOUR SUPPORT

DONATE



TODAY

We need your support for the upcoming 2023 Legislative session

Your donations help support our legislative priorities

# Poster Presentations

## 328 On Demand ▶

### Journey to the Insight of ACL Injury in Athletes Affecting Their Occupations

Andrea Perez

Shirley A. Wells, OTR, DrPH, FAOTA

Course Length: .15 min

This poster will provide insight into the occupations that former athletes who sustained an ACL injury experience post-surgical. Attendees will gain an understanding of occupational therapy services that can be integrated into sports medicine.

## 331 On Demand ▶

### Coping Experience of Parents of Children with ASD During the COVID-19 Lockdown

Penny D. Escobedo Luna

Jack Ruelas, OTR

Course Length: .15 min

This poster aims to explore the coping experience of parents of children with autism during the COVID-19 lockdown in the Rio Grande Valley. Occupational therapists can use this information to guide the occupational profile and acknowledge the child and parent's needs during the intervention.

## 333 On Demand ▶

### Telehealth: The Journey Forward Beyond Covid 19

Emily Cahue

Roel Garcia OTR, OTD, ATP

Course Length: .15 min

This poster will provide resources as well as evidence-based practice to start and maintain Telehealth utilization in pediatric populations.

## 335 On Demand ▶

### Impact of Sleep Patterns on the Home Life and Work Performance of Firefighters

Neidy A. Garza Jimenez

Shirley A. Wells, OTR, DrPH, FAOTA

Course Length: .15 min

This poster will present information on the sleeping patterns of firefighters and the impact it can have on their occupation and role performance. Firefighters experience a lack of sleep, which impacts family roles, leisure activities and promotes stress.

## 336 On Demand ▶

### Sensory Pathway with Hippotherapy

Lauren Russell-Abdullah

Avery Gay

Course Length: .15 min

A needs assessment was conducted and determined that a sensory pathway would be beneficial to clients at an equestrian center. Through our public service project, we developed a sensory pathway to meet the needs of children in equestrian therapy.

## 337 On Demand ▶

### Development and Implementation of a Transitional Work Skills Program on a College Campus

Amanda Frias, OTR, MOT, OTD, DRS

Abigail Ingram, OTS

Course Length: 2.0 hours

This short course will describe the process of developing and implementing a work skills program for young adults with disabilities on a university campus. Methods for incorporating student learning opportunities and a step-by-step guide to replicating this type of program will be explored.

## 338 On Demand ▶

### Supervising Computer-Based Simulation in Occupational Therapy Education

Maura Lavelle, MS, OTR/L, CHSE

Sarah Walsh, MOT, OTR/L

Wendy Brzozowski, BS, COTA/L

Course Length: 1.75 hours

Successful integration of virtual simulation into OT training that yields optimal learner outcomes require best practice guidelines for supervising the experience. Presenters will discuss a practical framework that includes tools to efficiently and effectively supervise virtual clinical simulation.

## Stepping Stones Denton



Setting a pathway to support, educate and engage those with dementia and their caregivers.

Stepping Stones is a peer group for persons with early stage Alzheimer's and other dementias. Volunteer organization assisted by TWU occupational therapy students. Concurrent Family Support Group facilitated by social workers.

- Provide meaningful activities and engagement
- Promote social interaction in a welcoming environment
- Facilitate emotional ties through reminiscence activities
- Provide strategies to improve quality of life

Wednesdays, 1:30-3 pm  
Trinity Presbyterian Church, Denton.

For more information please contact

Eileen Short, LCSW, 940-453-9784

Sher Harnish, MA, OTR sharnish@twu.edu

www.steppingstonesdenton.org Stepping Stones Denton

DISCOVER  
DENTON

WWW.DISCOVERDENTON.COM